1 2	IN THE UNITED STATES DISTRICT COURT FOR THE NORTHERN DISTRICT OF ILLINOIS EASTERN DIVISION
3	WENDY B. DOLIN, Individually) and as Independent Executor)
4	of the Estate of STEWART) DOLIN, Deceased,)
5	Plaintiff,
6	-vs- Case No. 12 CV 6403
7	SMITHKLINE BEECHAM
8 9	CORPORATION, d/b/a GLAXOSMITHKLINE, a Chicago Illinois
10	Pennsylvania corporation,
	, '
11	VOLUME 17-B TRANSCRIPT OF PROCEEDINGS - Trial
12	BEFORE THE HONORABLE WILLIAM T. HART, and a Jury
13	APPEARANCES:
14	For the Plaintiff: BAUM HEDLUND, ARISTEI & GOLDMAN, P.C. BY: Mr. R. Brent Wisner
15	Mr. Michael L. Baum 12100 Wilshire Boulevard
16	Suite 950
17	Los Angeles, California 90025 (310) 207-3233
18	RAPOPORT LAW OFFICES, P.C.
19	BY: Mr. David E. Rapoport Mr. Matthew S. Sims
20	20 North Clark Street Suite 3500 Chicago Illinois 60602
21	Chicago, Illinois 60602 (312) 327-9880
22	Count Deposit on
23	Court Reporter:
24	CHARLES R. ZANDI, CSR, RPR, FCRR 219 South Dearborn Street, Room 2128
25	Chicago, Illinois 60604 Telephone: (312) 435-5387 email: Charles_zandi@ilnd.uscourts.gov

1 APPEARANCES: (Continued) 2 For the Defendant: KING & SPALDING BY: Mr. Todd P. Davis Mr. Andrew T. Bayman 3 1180 Peachtree Street, N.E. 4 Atlanta, Georgia 30309 (404) 572-4600 5 KING & SPALDING, LLP BY: Ms. Ursula M. Henninger 6 100 North Tryon Street 7 Suite 3900 Charlotte, North Carolina 28202 (704) 503-2631 8 9 SNR DENTON US, LLP BY: Mr. Alan Scott Gilbert 233 South Wacker Drive 10 11 **S**uite 7800 Chicago, Illinois 60606 12 (312) 876-8000 13 14 15 16 17 18 19 20 21 22 23 24 25

1	(Proceedings heard in open court, jury not present:)
2	
3	
4	
5	
6	(Jury enters courtroom.)
7	THE COURT: All right. Thank you very much, ladies
8	and gentlemen. Please be seated. We will resume.
9	Is your witness here?
10	MR. BAYMAN: Yes, sir, your Honor.
11	THE COURT: Step up here, please. Is there a book on
12	the stand that belongs there?
13	MS. HENNINGER: Yes, it belongs there.
14	THE COURT: All right. Please raise your right hand,
15	sir.
16	(Witness sworn.)
17	THE WITNESS: I do.
18	THE COURT: You may take the witness stand.
19	You may proceed, sir.
20	MR. BAYMAN: Thank you, your Honor.
21	ANTHONY ROTHSCHILD, DEFENDANT'S WITNESS, DULY SWORN.
22	DIRECT EXAMINATION
23	BY MR. BAYMAN:
24	Q. Could you please tell the jury your name.
25	A. Anthony Rothschild.

MR. BAYMAN: Your Honor, I'd like to proffer 1 2 Dr. Rothschild's credentials to the jury. 3 THE COURT: Yes. 4 MR. BAYMAN: Dr. Anthony Rothschild attended 5 Princeton University and then went on to get his medical 6 degree from the University of Pennsylvania Medical School in 7 After graduating from medical school, Dr. Rothschild completed a four-year residency in psychiatry at McLean Hospital in Belmont, Massachusetts, which is affiliated with 9 10 the Harvard Medical School. During his residency, 11 Dr. Rothschild was a clinical fellow in psychiatry at Harvard 12 Medical School. He is licensed to practice medicine in the 13 14 Commonwealth of Massachusetts. Dr. Rothschild is 15 board-certified as a specialist in psychiatry by the American 16 Board of Neurology and Psychiatry. 17 Dr. Rothschild has published 120 articles in 18 peer-reviewed medical and scientific journals and numerous 19 abstracts, letters, commentaries, books, and book chapters 20 addressing various issues in psychiatry and 21 psychopharmacology. 22 Dr. Rothschild is currently employed at the University of Massachusetts Medical School and its clinical 23 24 partner, the University of Massachusetts Memorial Healthcare, 25 as professor of psychiatry and director of the University of

- 1 Massachusetts depression center. Dr. Rothschild has been
- 2 employed there for over 20 years.
- 3 ∥ BY MR. BAYMAN:
- 4 | Q. Dr. Rothschild, I just mentioned to the jury that you're
- 5 | employed at the University of Massachusetts Medical School.
- 6 What do you do there?
- 7 A. Well, I'm a professor of psychiatry, and I do a lot of
- 8 different things. I treat patients, like any other
- 9 psychiatrist. I do research, and I've done that my whole
- 10 | career, both of those things my whole career, research, what's
- 11 | called clinical research to study new potential treatments for
- 12 depression, investigator on what are called clinical trials
- 13 where we study the medication versus a placebo. I'm currently
- 14 doing that now.
- 15 I also teach medical students at the UMass Medical
- 16 | School. I also teach residents in training in psychiatry.
- 17 | These are people who have done medical school, but now they're
- 18 specializing in psychiatry. And the teaching is both
- 19 | lectures, formal lectures as well as hands-on with the patient
- 20 type teaching.
- 21 | Q. Prior to teaching at the University of Massachusetts, have
- 22 you held any other teaching positions?
- 23 A. Yes.
- 24 | Q. Tell the jury about that briefly.
- 25 A. Well, I went to UMass Medical School in 1996 and have been

- 1 there a little over 20 years. Before that, I was at Harvard,
- 2 | at Harvard Medical School, and I rose to the rank of associate
- 3 professor of psychiatry, and so I did the same thing basically
- 4 when I was at Harvard that I just said that I do at UMass.
- 5 | Q. As part of your teaching responsibilities, have you given
- 6 | lectures related to the use of what's called SSRIs?
- 7 | A. Yes, many times.
- 8 Q. Have you given lectures about FDA labeling for
- 9 antidepressant medications?
- 10 | A. Yes. Well, when you're talking about medications, you
- 11 discuss the label, too.
- 12 Q. Have you held any leadership positions?
- 13 A. Yes, I have. I won't name them all, but when I was at
- 14 | Harvard Medical School, I -- for many years, I ran the
- 15 depression treatment unit where people who had made suicide
- 16 | attempts were admitted for inpatient treatment. Eventually, I
- 17 was moved upstairs, and I was the clinical director of what
- 18 was called the mood, anxiety, and trauma disorders program, so
- 19 several inpatient units and outpatient facilities.
- 20 At UMass, I've been vice chair for research, director
- 21 of clinical research. Right now I'm head of the UMass
- 22 depression center.
- So, those are sort of the highlights.
- 24 Q. Have you received any honors in your practice or for your
- 25 research or teaching?

- A. I have. I'll just name a few. I'm in *Best Doctors*. So, that's a book published where you're elected to by your fellow doctors, and I've been in that since 2001.
 - I received the Massachusetts Psychiatric Society award for outstanding researcher of the year. And I've received many teaching awards for teaching medical students and residents.

5

6

7

16

23

24

25

- 8 Q. Now, I read -- I mentioned to the jury that you authored 9 journal articles. Have you held any leadership positions or 10 other positions with scientific journals?
- A. Yes. I'm on the -- currently on the editorial board of a couple of journals, *Comprehensive Psychiatry*, *Journal of Clinical Psychiatry*, *Depression and Anxiety*. And then I'm a reviewer for something like 35 journals, including the *New England Journal of Medicine*, the *Archives of General*
- 17 Q. Explain to the jury what you do as a reviewer.

Psychiatry, JAMA Psychiatry.

A. So, for these journals, when somebody does a study and writes a paper and wants it published, they submit it to the journal; and the journal sends it out to reviewers, who are -- it's usually a blinded process. The authors don't know who the reviewers are and vice-versa.

And you critique the paper. I mean, you want to look at whether the methods were sound in the paper, what the results were, whether the conclusions they draw from the

- 1 results are -- fit -- they're not over-interpreting the data.
- 2 And then you make a recommendation to the editor, either
- 3 | accept it or should authorship modify it or reject it.
- 4 | Q. Are you a member of any professional organizations?
- 5 A. Yes.
- 6 Q. Tell the jury about that, if you would.
- 7 A. Well, I'll just name a few. I'm a distinguished life
- 8 | fellow of the American Psychiatric Association. I'm a
- 9 | member -- actually a fellow of the American College of
- 10 | Neuropsychopharmacology, something called the ACNP. Now, that
- 11 | is something you can't just join. You have to be elected to
- 12 | that, and it's become -- it's very competitive. So, that's
- 13 | based on your accomplishments in the field.
- 14 I'm also a fellow in the international version of
- 15 | that, which is the Collegium Internationale
- 16 | Neuro-Psychopharmacologicum. I'm a member of the American
- 17 | Psychopathological Association, and a few others, but those
- 18 | are the main ones.
- 19 Q. Have you served as an examiner in psychiatry for the
- 20 American Board in Psychiatry and Neurology?
- 21 A. I have.
- 22 | Q. Tell the jury what that entails.
- 23 A. Well, when psychiatrists want to become board-certified,
- 24 they have to pass a written test, and they had to pass what's
- 25 called the oral version. So, people who want to be

- 1 | board-certified would interview a patient in front of two
- 2 examiners. And I was one of those examiners for many, many,
- 3 | many years. And we either pass-fail the candidate -- I mean,
- 4 | the thing we used to use was: Would you refer a family member
- 5 to this doctor? And if the answer was no, they usually
- 6 | failed.

- But, you know, it was sort of -- that's what an
- 8 | examiner did.
- 9 Q. Now, in addition to your research and your teaching, do
- 10 you actually treat patients?
- 11 | A. Yes. I have a practice at UMass Memorial Hospital, mainly
- 12 | outpatient, occasional inpatient; but I have my own patients
- 13 who are not involved in research studies.
- 14 | Q. Do you have personal experience diagnosing and treating
- 15 patients with depression and anxiety?
- 16 A. Yes, I do.
- 17 | Q. And about how many patients with depression and anxiety
- 18 have you treated in the course of your career?
- 19 A. Oh, my goodness. I've been doing this for more than
- 20 30 years. It's thousands. It's got to be over 10,000.
- 21 Q. Has a particular focus of your work, including your
- 22 research and your teaching, been on suicide?
- 23 A. Well, you know, I've specialized in treating depression
- 24 | and anxiety, particularly severe forms, treatment-resistant --
- 25 people who have treatment-resistant illnesses, a form of

depression called psychotic depression.

And suicide is part and parcel of all of these things. I mean, the risk of suicide in people suffering from anxiety, for example, is 16 times what it is in the general population, and similar in depression. So, I have worked with a lot of suicidal patients.

And in my job when I was at MacLean Hospital, Harvard Medical School, all of the patients who had made serious suicide attempts came to my unit, and I had the opportunity to talk with them. So, a lot of these people should have been dead. It was just by some freak of nature that they survived. But I've probably talked to hundreds of people who have made very serious suicide attempts in the course of my career.

- Q. So, have you actually interviewed people after they've attempted suicide?
- 16 A. Oh, yes.

- 17 Q. Have you conducted what are called psychological autopsies?
- 19 | A. Yes.
- 20 Q. Explain to the jury what a psychological autopsy is.
- A. So, this is after somebody -- it's usually after somebody commits suicide. What you do is -- and I've been asked to do this at UMass when we had a suicide, somebody -- a patient somebody was seeing. You try and put together what the reasons were the person committed suicide if you can.

THE COURT: Doctor, if you talk just a little slower, the court reporter is trying to take everything down.

THE WITNESS: I'm sorry. Feel free to warn me.

THE COURT: We want to have a record.

- 5 BY MR. BAYMAN:
- 6 ∥Q. Yeah.

1

2

3

- 7 A. You talk to the healthcare, the doctors and the nurses who
- 8 | may have been involved in the patient's care; and you also
- 9 | talk to family members, and if you have the ability to talk to
- 10 people they worked -- as many people as you can talk to to try
- 11 | to put together, review the medical records, to figure out
- 12 | what happened.
- 13 Q. And you would actually talk to loved ones about the
- 14 patient's behavior prior to committing the suicide?
- 15 A. Yes, I mean, as many people as you can.
- 16 Q. Does your experience including using medications to treat
- 17 patients suffering from anxiety and depression?
- 18 A. Yes, of course.
- 19 Q. And among the medications that you prescribe, does that
- 20 | include paroxetine or Paxil or other SSRI antidepressants?
- 21 A. All of them, paroxetine and all the SSRIs.
- 22 Q. In the course of your career treating patients with Paxil
- 23 or paroxetine or other antidepressants, have you ever had a
- 24 patient become suicidal because of the treatment?
- 25 A. No.

- 1 Q. Are you being paid for your work in this case, Doctor?
- 2 A. Yes.
- 3 Q. What do you charge per hour of your time?
- 4 A. I charge \$500 an hour.
- 5 | Q. Do you charge the same rate no matter what you're doing on
- 6 the case?
- 7 A. Yes, same rate.
- 8 Q. How many hours have you spent on this case?
- 9 A. Well, it's a lot. I think it's around 289 the last time I
- 10 counted. There was a tremendous volume of deposition
- 11 | testimony and records to review.
- 12 Q. What percentage of your time do you spend consulting with
- 13 | lawyers such as myself in litigation?
- 14 A. Well, I'd say it's about 5 to 10 percent of my time. I
- 15 mean, that's based on an 80-hour workweek. I mean, I have a
- 16 regular job. I do this on nights and weekends. Except if I
- 17 | have to come like I'm doing now to Chicago, it's all kind of
- 18 nights and weekends. So, it's about 5 to 10 percent of
- 19 | 80 hours.
- 20 Q. Do you consider yourself a professional witness?
- 21 A. No. I have a regular job. I have a regular job as a
- 22 professor at UMass Medical School.
- 23 Q. I want to turn now to this case.
- 24 A. Sure.
- 25 Q. What were you asked to consider and review in this case,

- 1 Doctor?
- 2 A. I was asked to review the medical records of Mr. Dolin,
- 3 | all the deposition testimony related from his healthcare
- 4 providers, from family, people at work, other people. There
- 5 | was a large -- as I mentioned, there was a large volume of
- 6 records related to Mr. Dolin.
- 7 I reviewed the Food and Drug Administration's
- 8 | analysis of the double-blind placebo-controlled clinical
- 9 | trials with paroxetine. I also reviewed GlaxoSmithKline's
- 10 | analysis.
- 11 And so, it was a combination of all of those things.
- 12 | Q. What was the kind of overarching question that you were
- 13 asked to address?
- 14 A. The overarching question is: Did paroxetine play any role
- 15 in Mr. Dolin's suicide? Or put another way, why did Mr. Dolin
- 16 | commit suicide?
- 17 Q. And have you assisted us in preparing a graphic with a
- 18 summary of your opinions?
- 19 A. I did.
- 20 | (Discussion between counsel, not within hearing.)
- 21 MR. RAPOPORT: Your Honor, if I could, I've got --
- 22 | what is this, 19 different pages of things I've never seen
- 23 before. I'd like a moment to look at it.
- MR. BAYMAN: Sure.
- 25 MR. RAPOPORT: Is there any particular page you're

starting with?

1

3

4

5

6

7

8

2 MR. BAYMAN: Yeah, the first page behind Tab 20,

summary of opinions, just a slide. It's demonstrative.

MR. RAPOPORT: We object to the substance but not the procedure. No objection to that, your Honor.

THE COURT: All right.

MR. BAYMAN: Permission to publish that, your Honor?

THE COURT: You may publish.

9 BY MR. BAYMAN:

- 10 \mid Q. Did you reach an opinion as to whether paroxetine caused
- 11 or contributed to Mr. Dolin's suicide?
- 12 | A. I did.
- 13 Q. And what is that opinion?
- 14 A. That paroxetine did not cause or contribute to Mr. Dolin's
- 15 | suicide.
- 16 Q. And do you hold that opinion to a reasonable degree of
- 17 | scientific and medical certainty?
- 18 A. I do.
- 19 Q. What other opinions do you hold in this case?
- 20 A. Well, related to that is that it's my opinion that the
- 21 | reliable scientific evidence doesn't support the conclusion
- 22 that paroxetine causes suicide or that akathisia causes
- 23 | suicide.
- And then specifically related to Mr. Dolin, it's my
- 25 opinion that Mr. Dolin did not have akathisia, that Mr. Dolin

suffered from severe paralyzing anxiety, possibly also major depressive disorder. He had longstanding fears and feelings of inferiority and inadequacy related to his job.

And then in 2010, in the months preceding his suicide, he had a lot of very severe stresses at work, harsh criticism by his colleagues. He had a decrease in his compensation which he himself described as a seismic shock. He was no longer the sole leader of the practice group. He had serious issues with two very important clients.

And what I saw in his therapist's notes is that there was this thing called the fear loop, which is described back in 2007 but reappeared in 2010.

There were family stresses, including feelings of inadequate financial arrangements he felt that he had made for his family. And he had uncoordinated mental health treatment from his healthcare providers.

- Q. And do you hold these other opinions to a reasonable degree of medical and scientific certainty?
- 19 A. I do.

- 20 Q. Do you believe Mr. Dolin acted under an irresistible 21 impulse to commit suicide?
- 22 A. No.
- **Q**. Why not?
- 24 A. Well, I think as we'll talk about, Mr. Dolin had been 25 deteriorating for several months; and as I think we'll also

talk about, the day he committed suicide, he -- he had to plan to walk several blocks, discard his cellphone and so forth, so there was no irresistible impulse.

We'll talk about this, I think, later, but if he had an impulse he couldn't control, he would have had many opportunities to throw himself in front of a car or a truck on the way to the station. There was a closer station. But I think we'll get into that later.

Let's put it this way. There's no evidence of an irresistible impulse, and frankly, there's no evidence in the scientific and medical literature of such a thing.

- Q. I'd like you to turn in your notebook to Tab 1.
- MR. BAYMAN: This is Plaintiff's Exhibit 88, your Honor. It's been previously published to the jury, and I'd ask for permission to publish it now.

THE COURT: You may proceed.

BY MR. BAYMAN:

- Q. Dr. Rothschild, the jury has heard from both of -- two of the plaintiff's experts, Dr. Healy and Dr. Glenmullen, about an article that you co-authored back in 1991 about a potential relationship between Prozac, akathisia, and suicidality. Do you recall that article?
- 23 A. Yes.
- 24 Q. And is that the article we've put on the screen?
- 25 A. Yes.

Τ

- 1 | Q. It's entitled, "Reexposure to Fluoxetine After Serious
- 2 | Suicide Attempts By Three Patients: The Role of Akathisia"?
- 3 A. That's correct.
- 4 \mid Q. We're going to talk about akathisia, but can you briefly
- 5 describe to the jury what akathisia means.
- 6 A. Well, it basically means an inability to sit still.
- 7 | Someone who has akathisia is constantly moving, pacing.
- 8 I mean, if I have someone in my office with akathisia and I'll
- 9 | say, "Mr. Jones, please sit down," they'll sit down, but
- 10 | within 10 seconds, they'll be up pacing around. I mean, it's
- 11 | a really obvious thing. You don't really need to be a doctor
- 12 | to notice that something's wrong. It's just the patient is
- 13 | constantly moving.
- 14 I wouldn't be able to sit here if I had akathisia.
- 15 would have to get up and move around constantly. You'd see
- 16 | it -- you know, within two minutes, you could see it.
- 17 | Q. When did you publish this article?
- 18 A. In 1991.
- 19 Q. Who was the senior author on the paper?
- 20 | A. I was.
- 21 | Q. And who was -- the jury's heard from Dr. Healy about Carol
- 22 Locke. Who was Carol Locke?
- 23 A. Carol Locke was my resident in training. She was a
- 24 psychiatrist in training. She was a resident. And she was
- 25 | assigned to work with me on the depression and treatment unit,

1 so we used to see patients together as part of her learning.

And these three patients that are described in this paper, we both saw, so I thought it would be nice to add her as a co-author. It was her first publication.

- $5 \parallel Q$. So, if Dr. Healy described her as the principal author,
- 6 would that be correct?
- 7 A. No. No, it would not.
- 8 Q. How many patients did this article involve?
- 9 A. Three people.
- 10 | Q. And they -- were they taking Prozac?
- 11 | A. They were.
- 12 Q. Was your article a study?
- 13 A. No.

2

3

- 14 | Q. Explain that.
- 15 A. So, these are what are called case reports; but basically
- 16 what it was, I was doing my job as a psychiatrist in charge of
- 17 depression treatment unit, and I had these experiences with
- 18 these three patients, in the course of doing my job, in the
- 19 course of treating them. There's no -- there was no study
- 20 design or anything like that.
- 21 But I thought it was worthwhile to report my
- 22 observations because at the time, there was -- as I say in the
- 23 | first sentence, there was a considerable controversy in the
- 24 | field. Somebody -- another doctor, actually, at the hospital
- 25 I worked at, Dr. Teischer, had raised this question about

whether Prozac might cause suicide. And he was -- he made a lot of media appearances; and a lot of psychiatrists were wondering what was going on, and the patients were getting worried and asking questions.

And when I had these observations about the possibility of akathisia playing a role, I thought it was worth raising the question as to whether this was just simply maybe akathisia. Because akathisia, when you recognize it, is easy to treat. It's actually two of the three people, you just give another medication, a low dose of a medication called propanolol, which is actually a blood pressure medication, but at low dosages, it can just completely wipe out akathisia. And I did that here, and it worked.

And so I was proposing a question as to whether this controversy might be due to akathisia. But it was basically raising a question. That's what case -- that's the only thing you can do from case reports.

- Q. In your opinion as a medical doctor, can case reports be used to establish causation?
- 20 A. No.

- **Q**. Why not?
- 22 A. Well, to -- to establish causation, first of all, you have 23 to do a double-blind, randomized, controlled clinical trial.
- 24 That is the gold standard, and that's the first thing you
 25 would do to see if there is a difference between the drug, say

in this case Prozac, and people who get a sugar pill.

And say you're interested in akathisia, you would look at -- so, the patients don't know whether they're getting the Prozac or the placebo. That's why blinding is very important, and neither do the doctors know. So, it keeps it objective. And that's what you would need to do to answer that question.

And then actually, it was done a couple of years later.

- 10 Q. We'll talk about that in a minute. Have you taken the position that case reports are not a good method for establishing causation?
- 13 A. I have, many, many, many times.
- 14 Q. In your article anywhere do you say that the three Prozac 15 case reports established causation?
- 16 | A. I did not.

1

2

3

4

5

6

7

8

- 17 Q. If someone used your article to say that Prozac caused 18 patients to develop akathisia, which then caused them to 19 become suicidal, what would you say?
- 20 A. You cannot use case reports to make any kind of argument 21 about causation.
- Q. Now, even if one were to reach a conclusion about Prozac from your article, would that apply to Paxil or paroxetine?
- MR. RAPOPORT: Objection, your Honor. Leading.
- 25 You've been tolerant of it, but we should hear from the

witness, not Mr. Bayman.

MR. BAYMAN: It was an open-ended question.

THE COURT: You may answer.

BY THE WITNESS:

1

2

3

- 5 A. If you were interested in studying paroxetine, you would
- 6 study paroxetine. As a matter of fact, Prozac was the first
- 7 | SSRI on the market. The people who made the other ones
- 8 | couldn't just say, "Oh, that drug is like ours, and FDA please
- 9 approve it." That would never happen. You would have to do
- 10 | the study of the drug in question.
- 11 BY MR. BAYMAN:
- 12 Q. And you mentioned there came a point in time that Lilly
- 13 | actually looked at the clinical trials to answer the
- 14 | hypothesis that you posed in this article?
- 15 A. Yes. And when I wrote this, I mean, I was hoping by
- 16 | raising the question that the medical community would look at
- 17 | it. And the other reason, by the way, you know, I think I say
- 18 this in the article, I was trying to alert doctors to be on
- 19 the lookout if a patient has akathisia. Regardless of the
- 20 cause, it's something that should be treated.
- 21 But anyway, Lilly looked at it. They looked at their
- 22 database. They looked at the double-blind randomized
- 23 controlled trials, at this specific question, and they didn't
- 24 | find any difference between Prozac and placebo.
- 25 So, the question was raised by me. I mean, I was one

- 1 of the first people in the world to raise this question. And
- 2 then the question was answered, and the answer was no.
- 3 | Q. And did GSK do a similar analysis to see if Paxil or
- 4 paroxetine was causing akathisia, which in turn caused
- 5 | suicidal thinking or behavior?
- 6 A. They did, and it was the same answer. Paroxetine,
- 7 | double-blind studies of placebo-controlled studies of
- 8 paroxetine were also looked at, and the answer was no,
- 9 akathisia was playing no role in causing people to commit
- 10 suicide or even feel suicidal.
- 11 | Q. Dr. Healy, I'd ask you to assume, has described your
- 12 | article as challenge, de-challenge rechallenge. First of all,
- 13 what in your experience is a challenge, de-challenge,
- 14 | rechallenge?
- 15 A. Well, challenge is when you give the medicine,
- 16 de-challenge is when you take it away, and rechallenge would
- 17 | be when you give it back.
- 18 Q. And did your article involve a true de-challenge in the
- 19 sense that all the patients had their suicidal ideation go
- 20 away once the Prozac was stopped?
- 21 A. Well, in a sense, it was that. If you read the article,
- 22 | that's what I did. But it wasn't a study -- if you do a study
- 23 in psychiatry, if you wanted to do a challenge, de-challenge
- 24 rechallenge, it has to be blind.
- In other words, I remember this vividly, even though

it was 26 years ago, that when I was asking the patients to retry the Prozac, they were really nervous about it. I was a little nervous, too. I mean, I didn't know what was going to happen. But they were on my inpatient unit. I told -- reassured them I was going to watch them. But they were really nervous before I even did anything.

If you really wanted to do this, you would have to have a blinded study so the patients wouldn't know when the medicine is stopped or when the medicine is restarted. It would just happen behind the scenes. And then you could answer that question. Because in psychiatry, I guess unfortunately, we don't have an x-ray. We don't have some blood test that will tell us an answer.

So, you know -- and some of these feelings can be subjective. And, you know, you can -- people get anxious. I'm doing studies now, and the people get anxious when they're trying a new drug. But they don't know whether they're actually getting the new drug or not. Do you see what I'm saying?

So, it would have to be blinded, because of subjective -- this was not blinded. Everyone knew what was happening. So, you can't make an interpretation from this kind of a case report.

Q. And is it -- is blinding important because if the patient, in your experience, believes that he or she is on a drug, that

- 1 it may be more likely for them to attribute a symptom to the 2 drug?
- 3 A. Correct. I mean, these people, even before I did this,
- 4 | believed that the drug may have been playing some role, and so
- 5 | they're a little bit biased in that regard. And, you know,
- 6 people can have unconscious biases, too. I mean, I as an
- 7 | investigator, I mean, I have my biases. So, you would -- you
- 8 know, I'd want the patient to get better. I might be too
- 9 encouraging. So, that's why it's important to be blind so
- 10 | that you can really analyze whether it's the effect of the
- 11 drug or not.
- 12 And let me just add, that was done. Okay? That was
- 13 done in the -- in the analysis of the Lilly -- the Prozac
- 14 database; and GSK did it with the paroxetine database, and the
- 15 answer is no, there's no relationship between akathisia and
- 16 | suicide.
- 17 Q. Is the issue of whether paroxetine or Paxil or other SSRI
- 18 medications, whether they can cause suicide in adult patients
- 19 one that you followed in the course of your medical career?
- 20 | A. Yes.
- 21 Q. And I'm not -- you mentioned what you've reviewed as part
- 22 of your work in this case. I'm not going to get into those
- 23 analyses. But have you reviewed in your review of the
- 24 | analyses in this case -- do you have the opinion as to whether
- 25 Paxil or paroxetine can cause or induce suicide in adult

- 1 | patients?
- 2 A. My review of the scientific evidence and the double-blind
- 3 controlled clinical trials is that there -- that paroxetine
- 4 does not cause suicide.
- 5 | Q. Have you reviewed the medical and scientific literature to
- 6 assess the question of whether paroxetine or Paxil causes
- 7 | suicidality in adults?
- 8 A. I have, and it does not.
- 9 Q. Having looked -- having looked at all the data you've
- 10 | addressed, what is your opinion as a practicing psychiatrist
- 11 who's treating patients as to whether there's a cause and
- 12 | effect relationship between paroxetine and suicidal behavior
- 13 or completed suicide in adult patients?
- 14 A. There is no relationship.
- 15 Q. Have you seen any evidence that Paxil or paroxetine causes
- 16 or induces suicidal behavior or completed suicides in patients
- 17 Mr. Dolin's age, that is, 57 years old?
- 18 A. No. If anything, the trend is to protect against suicide.
- 19 Q. Did your review and analysis of the available data on the
- 20 question of whether there's a causal relationship between
- 21 paroxetine and adult suicidality factor in to the opinions
- 22 you're offering here today?
- 23 A. Yes.
- 24 | Q. The jury has heard from Dr. Healy, who testified that he
- 25 | believes there are three different mechanisms -- primary

- 1 mechanisms by which paroxetine can induce suicidality. Are
- 2 | you familiar with Dr. Healy's theories?
- 3 | A. I am.

- 4 Q. Okay. Turn in your book to Tab 2.
- MR. BAYMAN: Your Honor, I'd ask for permission to publish this. The jury's seen it through Dr. Healy.
 - MR. RAPOPORT: No objection.
- THE COURT: What?
- 9 MR. RAPOPORT: I slurred it together. I said, "No objection."
- THE COURT: No objection. Okay. Let me see it.
- 12 Okay. I've got it.
- 13 BY MR. BAYMAN:
- 14 Q. Now, do you agree with Dr. Healy's position that Paxil or
- 15 paroxetine can induce suicidality in adult patients?
- 16 A. I do not.
- 17 | Q. And Dr. Healy has testified that the three primary
- 18 mechanisms by which paroxetine does induce suicidality are
- 19 shown in this graphic. I want you to assume that. Okay?
- 20 A. Okay.
- 21 Q. I know you don't agree with it, but can you use the
- 22 graphic to explain the concept of a biological mechanism?
- 23 A. Well, a biological mechanism would be the mechanism by
- 24 which some side effect or something occurs. I'll give you an
- 25 example. Say someone's on aspirin and bleeding. So, some --

- we know that bleeding can be a side effect of aspirin in some people.
- The mechanism of action is that aspirin inhibits
- 4 | platelet aggregation. Platelets are involved in --
- 5 | aggregate -- keeps the platelets -- aspirin keeps the
- 6 platelets from clumping and making a clot. And if you inhibit
- 7 | the platelets from doing that, you can get bleeding. That's
- 8 | an example of a mechanism of action.
- 9 Q. Is there an established mechanism for SSRIs like Paxil or
- 10 paroxetine causing suicide?
- 11 A. Well, no, there's no established mechanism; and it also
- 12 doesn't do that, so it's kind of silly in some ways to be
- 13 | thinking of a mechanism, but I guess Dr. Healy has proposed
- 14 one. But the data doesn't show that Paxil causes suicide
- 15 anyway. The title is wrong.
- 16 Q. Well, let's look at his graphic on mechanisms of action.
- 17 What is emotional blunting?
- 18 A. Emotional blunting would be somebody who cannot show
- 19 | emotions, can't laugh, can't cry. It can also be someone just
- 20 doesn't care about anything, doesn't care if they have no
- 21 energy, doesn't care if -- what's happening to their family.
- 22 | That would be emotional blunting, no emotions.
- 23 | Q. If someone was weepy, would they be experiencing emotional
- 24 | blunt being?
- 25 A. No, no, no.

- 1 Q. And what is decompensation, which Dr. Healy has also
- 2 | called psychotic decompensation?
- 3 A. Right. So, I mean, I've seen Dr. Healy refer to it as
- 4 psychotic decompensation. That would mean someone has become
- 5 psychotic, and by definition, psychotic means having
- 6 | hallucinations or delusions.
- 7 | Q. And we talked about akathisia.
- 8 A. Yes.
- 9 Q. And do you agree that Paxil can induce suicidal behavior
- 10 | through one of these mechanisms?
- 11 A. No, I don't. And by the way, since this case is about
- 12 Mr. Dolin, Mr. Dolin didn't exhibit --
- 13 THE COURT: Doctor, please. Don't volunteer. The
- 14 | lawyer will ask you questions. We have enough questions to
- 15 answer here without adding to it.
- 16 THE WITNESS: I'm sorry.
- 17 | THE COURT: I'm sure he's going to get to this.
- 18 MR. BAYMAN: I will, your Honor.
- 19 THE COURT: I'm going to caution you again, please
- 20 | just answer questions without volunteering anything.
- 21 THE WITNESS: Sure.
- 22 THE COURT: Okay. Thanks.
- 23 BY MR. BAYMAN:
- 24 | Q. Based on your review of the materials in this matter and
- 25 your own experience, your own professional experience, has FDA

- 1 | found a support for a causal relationship between SSRI
- 2 | treatment or paroxetine or Paxil treatment specifically and
- 3 | suicide in adults?
- 4 MR. RAPOPORT: Objection, your Honor. He doesn't
- 5 | speak for the FDA.
- 6 THE COURT: Sustained.
- 7 ∥ BY MR. BAYMAN:
- 8 | Q. Have you seen FDA's position in any of the materials that
- 9 | you've reviewed?
- 10 A. Yes.
- 11 | Q. Have you seen anywhere where FDA has found support for a
- 12 | causal relationship between SSRI treatment or Paxil or
- 13 paroxetine treatment specifically and suicide?
- 14 A. No.
- 15 MR. RAPOPORT: Same objection.
- 16 THE COURT: The answer slipped out already. Well,
- 17 | we've got it, so let's go on to something else.
- 18 BY MR. BAYMAN:
- 19 Q. In -- you mentioned your work in clinical trials. Have
- 20 you been a clinical trial investigator?
- 21 A. Yes, for most of my career.
- 22 | Q. What does a clinical trial investigator do?
- 23 A. Well, we do a number of different things. We -- a lot of
- 24 | it is studying new medications that are not yet on the market.
- 25 We're in the middle of some trials right now. It's

potentially very new and different treatments for depression and anxiety.

Sometimes we study medications that are already on the market. Most of my research with the National Institute of Mental Health has been to find new uses for medications that are already on the market.

But it involves enrolling patients, treating patients. If you were to watch me doing these clinical trials, you might not be able to tell the difference between what I do with my patients on the research studies compared to my patients who are just in the outpatient clinic. But the difference is they're on a protocol. The medicine is blinded, and they're doing a lot of rating scales to assess how they're doing.

- 15 Q. And do you consult with pharmaceutical companies about the design or the execution of clinical trials?
- 17 A. Yes.

1

2

3

4

5

6

7

9

10

11

12

13

- 18 | Q. Is there anything inappropriate about that?
- A. No. I mean, I'm an independent person. I do it if I have the time and the interest. But in some of my areas of interest, I've actually been urging pharmaceutical companies,
- 22 | "We need somebody to study this," for example.
- Q. Does the fact that you've consulted with pharmaceutical
- 24 companies, does that bias your opinions in any way?
- 25 A. No.

- 1 Q. In your practice as a psychiatrist treating patients and
- 2 | also as someone who teaches medical students and who lectures,
- 3 do you look at prescription drug labels for the medications
- 4 | you prescribe?
- 5 A. Yes.
- 6 | Q. Why do you do that?
- 7 A. Well, there's a lot of information contained in the
- 8 prescription drug label; and particularly when I'm teaching
- 9 | students, medical students and residents, I teach them about
- 10 | reading the label.
- 11 | Q. And do you review the entire label when you look at a drug
- 12 | label in making a decision whether to prescribe a medicine?
- 13 A. Of course. You read the whole thing.
- 14 | Q. Why do you do that, and why do you instruct your students
- 15 | to do that?
- 16 A. Well, I mean, there's no, like, *Cliff Notes* or *Reader's*
- 17 | Digest version of the label. I mean, doctors are used to
- 18 reading labels. You read the whole thing because there's all
- 19 kinds of information.
- 20 You know, when a new drug comes out, you read it for
- 21 | the first time; but it also serves as a reference -- I can't
- 22 memorize everything that's in the label, but it's a
- 23 reference -- they actually put it in a book called the PDR,
- 24 which most doctors have on their shelves, and it's a
- 25 reference. But at the beginning, you read the whole label.

MR. BAYMAN: Your Honor, permission to publish Joint Exhibit 1, which has already been admitted into evidence, which the label.

It's at Tab 3 in your book, Doctor.

THE COURT: You may proceed.

BY MR. BAYMAN:

4

5

6

- Q. Doctor, this is -- the jury's seen this. This is the Paxil label that was in effect in 2010. Let's blow up the box warning.
- 10 Are you familiar with the language in the box 11 warning?
- 12 | A. Yes.
- Q. And did -- does the box warning address whether
 placebo-controlled trials of SSRIs found an increased risk in
 suicidality in adults over 24?
- 16 A. Yes, it does.
- 17 Q. And as a practicing psychiatrist and as one who teaches
- 18 medical students, what does it mean to you, the phrase,
- 19 | "Patients of all ages who are started on an antidepressant
- 20 therapy should be monitored appropriately and observed closely
- 21 for clinical worsening, suicidality, or unusual changes in
- 22 | behavior"?
- 23 A. Well, let me say a couple of things about the label. This
- 24 | is -- as you pointed out, this is the black box warning. It's
- 25 the first thing that appears in the label. And the

- FDA-approved label says, "Short-term studies did not show an 2 increase in risk of suicidality beyond the age of 24." But it also says in the black box, "Patients of all ages who are 3 4 started on an antidepressant should be monitored appropriately and observed closely for worse -- clinical worsening, suicidal behavior or thinking, or unusual changes in behavior." 6
 - And this is -- you know, this is not -- this is good advice. I mean, all patients who are started on antidepressants should be monitored. I'm not sure doctors need to be told that, but they are told that in this label. And it's very clear. All ages should be monitored.
 - Q. I ask you to assume that Dr. Glenmullen has testified that this phrase, "Depression in certain other psychiatric disorders are themselves associated with increases in the risk of suicide."
- 16 Yeah. Α.

5

7

9

10

11

12

13

14

15

17

18

- In your opinion, does that warn -- does that tell a prescriber that these drugs might not cause some risk to adult patients over 24, risk of suicidality in taking them?
- 20 A. No, I wouldn't agree it says that. I mean, it's true that 21 depression and other disorders increase the risk of suicide, 22 but it doesn't say, "Don't monitor -- therefore, don't monitor 23 your patients." It says in the label of a drug, in this case 24 paroxetine, "Monitor your patients regardless of their age for 25 worsening and suicidality." It's in the drug label.

- 1 Q. And, Doctor, Dr. Glenmullen also testified that the
- 2 depression sentence that I just read and the patients of all
- 3 | ages sentence that you read means, "Don't worry if it's a
- 4 patient over age 25. It's not the drug. It's the
- 5 depression." Do you agree with that?
- 6 A. No. It doesn't say that. It doesn't say, "Don't worry."
- 7 It doesn't say -- it says, "Monitor the patients regardless
- 8 of -- of all ages." I mean, that -- you can't be more clear
- 9 than that, that you need to monitor your patients for clinical
- 10 worsening, suicidality, and unusual changes in behavior.
- By the way, the next sentence is important, too,
- 12 | where it says, "Families and caregivers should be advised of
- 13 | the need for close observation and communication with the
- 14 prescriber of the medication." So, it's not just patient, but
- 15 | it's also their family and or their caregivers.
- 16 | Q. Dr. Glenmullen also testified that if he was treating a
- 17 | 57-year-old patient and put them on Paxil, that warning means
- 18 to him that Paxil couldn't make them worse, Paxil couldn't
- 19 make them suicidal. Do you agree with that?
- 20 A. No. It says, "All ages should be monitored." It doesn't
- 21 | say, "Don't worry if you're treating a 57-year-old." It says,
- 22 | "All ages should be monitored." I do not agree with that.
- 23 Q. In addition to the black box, what section of the labeling
- 24 would you go to next to look for a potential risk of
- 25 | suicidality?

- 1 A. Well, if you were interested in that topic, you would go 2 to the "Warnings" section next.
 - Q. Let's pull that up quickly.

Now, would you ever recommend to a physician encountering this label to stop at the black box section?

- A. No, no. You need to read -- physicians need -- I tell my students, you need to read the whole label. Again, this is not -- the black box is not a *Cliff Notes* version. You need to read the entire thing.
 - Q. I want to just -- the "Warnings" section. And the jury has seen this. We're not going to go through -- go through it all. I just want to ask you why -- why this section is important to you as a prescribing physician and what it tells you.
 - A. Well, again, it's -- it's telling me, as a doctor prescribing a medication -- it says that there's no increased risk of suicidality beyond the age of 24; but it also says that there has been a longstanding concern that antidepressants may play a role in inducing worsening of depression and the emergence of suicidality in certain patients during early phases of treatment.

So, again, it's advising doctors to be on the lookout, not that there's been a proven cause, but to be on the lookout when treating a patient for the patient getting worse or suicidal thinking developing.

Q. And you said something there, not a proven cause. If -based on your experience with drug labels, if a manufacturer
does not believe their drug causes a condition, why do they
put warnings information in their label?

A. Because -- like it says here, because a concern has been raised. You know, the data -- in the field of medicine, the field of psychiatry, we're constantly analyzing the data.

More information comes in, and we're constantly analyzing it.

There is a concern -- it's just like my article in 1991. I had raised a concern. I didn't say it caused anything, and with further analysis, akathisia was not causing anything; but nonetheless, I wanted to alert doctors to be on the lookout for things. This does kind of the same thing in the drug label. It says, "We haven't been able to prove a cause, but the concern has been raised, so doctors, when you're treating your patients, when you're closely monitoring, as it says you should, be on the lookout for this if it occurs."

And then I think we'll talk about later, it actually gives advice about what to do if it occurs.

- Q. Why is it important to give doctors this kind of information when they're making prescribing decisions?
- A. Because as a doctor, you always are weighing the risk and benefits of anything you do. We didn't focus on the benefits of taking paroxetine, but you're always weighing that. And

- 1 | the doctor needs this -- it helps the doctor to have this
- 2 | information in order to make a decision what's best for the
- 3 | patient.
- 4 Q. And when you say weighing risks and benefits, could you
- 5 | just explain that in a little more detail?
- 6 A. Well, the benefits to be reducing anxiety symptoms and
- 7 depressive symptoms in the case of paroxetine, and the risks
- 8 | would be any potential side effects and concerns that have
- 9 been raised. You have to weigh the two together.
- 10 But it's all -- I guess my point is, it's all in the
- 11 | label. It's all there for the doctor to read and to make the
- 12 decision.
- 13 Q. And is that what you do as a prescribing physician? When
- 14 you make a decision to prescribe medicine, do you weigh the
- 15 risks of treating the conditions -- I mean the benefits of
- 16 | treating the conditions versus the risk the medication may
- 17 pose to the patient?
- 18 A. I do, and I also discuss it with the person because I want
- 19 them to be aware of it, too.
- 20 Q. Let's go on to page 12 of the "Clinical Worsening." It's
- 21 | the next page. Can you just tell us what is significant to
- 22 you as a practicing physician from this section on page 12 of
- 23 | the label?
- 24 A. So, I guess we'll start at the top. It informs the
- 25 prescriber that there were suicides in the adult trials, so it

says there were suicides; but the number of suicides was not sufficient to reach any conclusion about a drug effect on suicide. So, but, it does alert the doctor that they did note some suicides during the clinical trial; but in comparison to the placebo, they couldn't reach any conclusions. The number was very small.

I guess the next thing that's important is what's in bold, and it's sort of repeated again. "All patients being treated with antidepressants should be monitored appropriately and observed closely" -- this is like, I think, the third time this has been said -- "for clinical worsening, suicidality, and unusual changes in behavior during the initial few months of a course of drug therapy, or when the dose is increased or decreased."

And then there's -- the next paragraph I think is illustrative of something else. They then list in the label a number of different symptoms: Anxiety, agitation, insomnia, akathisia, which is psychomotor restlessness, hypomania, mania. They talk about these things, and they say they've been reported in the adult trials, and there's been these observations.

And then I think we drop to the sentence that says, "Although a causal link between the emergence of such symptoms and either the worsening of depression and/or the emergence of suicide impulses has not been established" -- and I already --

we already talked about the fact that akathisia had been worked out, and it was not a factor; but it goes on to say, "There is concern that such symptoms may represent precursors to emerging suicidality."

So, in other words, some people have raised a concern that these -- this list of symptoms may be a forerunner of someone becoming suicidal. So, it's alerting, again, Doctors and other prescribers that -- you know, to be on the lookout if these things happen.

And then the next paragraph tells the doctor or prescriber what to do -- or what to consider. "Consideration should be given to changing the therapeutic regimen," so maybe use a different medication, possibly discontinuing this medication, the medication, in this case paroxetine, in patients whose depression is persistently worse or who are experiencing suicidality or symptoms that might be one of those precursors, that the doctor should consider maybe lowering the dose or switching the medicine or discontinuing the medicine.

There's a lot -- you know, I'm doing it quickly, but there's a lot of information just in this page.

Q. I want to take you back up.

MR. BAYMAN: And, Mr. Holtzen, will you highlight the following symptoms and go all the way to the end of that sentence.

1 BY MR. BAYMAN:

- 2 Q. I want you to assume that Dr. Glenmullen has testified
- 3 that akathisia is a shorthand for those other symptoms and
- 4 | could be removed from the label. Do you agree with
- 5 | Dr. Glenmullen that akathisia is a shorthand for the other
- 6 | symptoms listed in the label?
- 7 | A. No, no, no. Akathisia is one symptom, and these other
- 8 things are different symptoms like irritability or insomnia.
- 9 Those are other symptoms. They're all separate. There's no
- 10 shorthand -- I don't even understand that, but these are all
- 11 | different symptoms that are distinct from each other.
- 12 | Q. And in your opinion, is this language in this warning, is
- 13 | this relating just to the disease of depression and anxiety,
- 14 or does this bear some relationship to the medicine?
- 15 A. No, this -- this is the medicine. I mean, it says in the
- 16 sentence, "being treated with antidepressants." It's from the
- 17 | medicine. The concern is it's from the medicine.
- 18 Q. Let's pull up, "All patients being treated," page 12.
- That's what you mentioned about earlier. Is there
- 20 any significance to you that that's in bold?
- 21 A. Yes. Well, if it's in bold, you know, it's highlighted.
- 22 | I guess it gets a little more attention. I mean, this is --
- 23 again has been seen earlier in the label, but it's repeating
- 24 | it once again to monitor and observe the patients closely.
- 25 MR. BAYMAN: Okay. Pull up the families and

- 1 caregivers section, Mr. Holtzen.
- 2 BY MR. BAYMAN:
- 3 Q. You mentioned this briefly earlier. Why is this
- 4 | important?
- 5 A. Well, it's important because it's more eyes on the -- the
- 6 | label is advising that the people who are living with or
- 7 caring for the patient or may be seeing the patient every day
- 8 | should be informed about this information and about the need
- 9 to monitor patients for emergence of agitation, irritability,
- 10 unusual changes in behavior.
- 11 And I think the very important part of this, this is
- 12 what I tell my patients and their families, is what it says
- 13 | there about, "And if you see these things, to report such
- 14 | symptoms immediately to the healthcare provider."
- 15 You know, as a doctor, I might be seeing a patient
- 16 once a week. That's one hour out of however many other hours
- 17 | there are in a week. The family is the one on the scene, and
- 18 I can use their help. If they see anything wrong, they need
- 19 to call, and that's what I tell them. That's what the label
- 20 says, that the prescribing doctor should inform the family to
- 21 do that.
- 22 | Q. Did you see anything in the testimony that you reviewed in
- 23 this case about whether Dr. Sachman told Mr. Dolin and
- 24 Mrs. Dolin to let him know if Mr. Dolin was experiencing any
- 25 unusual changes in behavior after he started paroxetine?

- 1 A. Yes, I saw Dr. Sachman's testimony, and he testified that
- 2 he did, in fact, do that. He told Mr. and Mrs. Dolin that.
- 3 | Q. Did you also review the "Precautions" section of the
- 4 | label?
- 5 | A. I did.
- 6 | Q. And is that -- as part of your practice, do you look at
- 7 | "Precaution" sections in prescription medicine labels?
- 8 A. Yes. I already told you, I read the whole label, and
- 9 | everyone should read the whole label.
- 10 | Q. What's the difference between a "Warnings" section and a
- 11 | "Precautions" section, in your experience?
- 12 A. The warning is a little bit higher level notification, I
- 13 guess, of a precaution. It's taken a little more seriously.
- 14 | They're both important, but it's a higher level as a warning.
- 15 Q. Can we pull up the clinical worsening precaution.
- Again, why is this significant to you as a practicing
- 17 | psychiatrist?
- 18 A. Again, it's informing the prescribing doctor, and it's
- 19 again repeating something we saw earlier about this list of
- 20 symptoms. But it's basically saying that patients, the
- 21 families, their caregivers should be encouraged to be alert
- 22 | to the emergence of these various symptoms, which we've talked
- 23 about, akathisia, anxiety, agitation, insomnia, worsening of
- 24 depression, suicidal ideation, especially early during
- 25 | antidepressant treatment and when the dose is changed up or

down.

And again, it advises that the family and caregivers of the patients should be advised to look out for these things on a day-to-day basis since the changes may be abrupt. And then such symptoms should be reported, again, it repeats what it said earlier, to the patient's prescriber or healthcare professional, even if they are -- especially if they are severe.

- Q. Let's pull up the akathisia precaution. Are you familiar with the precaution for akathisia in the Paxil label?
- A. Yes. There's a separate paragraph on akathisia.
- 12 Q. And what does that akathisia precaution mean to you as a prescribing physician?
 - A. So, what this says is that the use of paroxetine and also other SSRIs has been associated with the development of akathisia, characterized by an inner sense of restlessness and psychomotor agitation, such as -- which I told you earlier, such as inability to sit or stand still, usually associated with subjective distress. This is most likely to occur within the first few weeks of treatment.

So, it sort of defines what it is. It says it can happen. It's one of the things on the list that the doctor, the family, and the caregivers need to look out for. It's just again sort of alerting doctors of this possibility.

Q. In your opinion, is that description of akathisia in the

- 1 | Paxil label an accurate description?
- 2 | A. Yes.
- 3 | Q. Now, does the Paxil label today contain all of the various
- 4 warnings and precautions that we've covered here?
- 5 A. Yes, it does.
- 6 | Q. In your opinion as a practicing psychiatrist who
- 7 prescribing these kinds of medications, do you believe that
- 8 the labeling adequately instructs you to monitor all of your
- 9 patients of all ages for the emergence of symptoms that may be
- 10 precursors to suicidality or worsening depression for patients
- 11 | who are taking Paxil or paroxetine?
- 12 A. Yes. I think it's very adequate, a lot of information.
- 13 | Q. Now, the jury's heard Dr. Glenmullen testify that the
- 14 | Paxil label does not -- tells doctors that an increased risk
- 15 of suicide does not happen to people over age 24. Do you
- 16 | agree with that?
- 17 MR. RAPOPORT: Your Honor, I just want to interpose
- 18 | an objection that by staying silent here, we're not agreeing
- 19 | to counsel's characterizations of bits and pieces of what
- 20 | Dr. Glenmullen testified to. To keep this moving, I'm not
- 21 going to ask to strike anything, but I just want it on the
- 22 record that we don't believe in these snippets.
- 23 MR. BAYMAN: I'm happy to pull the trial testimony if
- 24 we need to do it that way, your Honor.
- 25 THE COURT: Well, at the moment it's not an

- 1 objection, so go ahead.
- 2 BY MR. BAYMAN:
- 3 | Q. Do you agree with that?
- 4 A. I'm sorry. Could you repeat the question.
- 5 THE COURT: Read it back.
- 6 (Record read.)
- 7 BY THE WITNESS:
- 8 A. Well, no, it doesn't -- I mean, it doesn't say that. It
- 9 doesn't say, "Don't worry about your patients over age 24."
- 10 It says that no causal relationship has been found with
- 11 paroxetine and suicide above age 25, but it says multiple
- 12 | times that suicides -- that patients need to be monitored, all
- 13 ages. It doesn't say, "Don't worry if you're 25 or older."
- 14 It says monitor the patients of all ages. And then actually
- 15 we talked about, it says suicides occurred in adults in the
- 16 clinical trials.
- So, I don't see how you could interpret this as you
- 18 don't have a care in the world if they're 25 or older.
- 19 ∥ BY MR. BAYMAN:
- 20 Q. Monitor patients of all ages for what?
- 21 A. For all of things we've been talking about, suicide,
- 22 | suicidality, suicidal behavior, akathisia, that the patients
- 23 of all ages need to be monitored for that, and also the
- 24 families and caregivers need to be informed to monitor for
- 25 | that as well.

```
Q. Dr. Glenmullen, I'll ask you to assume, has also testified
 1
    that the "Warnings" section of the label and those symptoms
 2
 3
     that you've listed tells him that the symptoms listed in the
 4
     label cannot lead to suicide in someone Mr. Dolin's age.
 5
              MR. RAPOPORT: Objection, your Honor.
     Mischaracterization of the testimony. We would ask that if
 6
 7
     this is going to be done, it should be to specific quotes.
              MR. BAYMAN:
                           It's --
 9
              THE COURT: Give him the specific quote.
10
              MR. BAYMAN: Yeah. Trial transcript, page 1919,
11
     line 9, 9 to 15.
12
              MR. RAPOPORT: Wait. I'll have it in one second,
13
     your Honor.
14
              MR BAYMAN:
                           Sure.
15
              MR. RAPOPORT:
                             Do you have the date on it?
16
              MR. BAYMAN:
                           March 29th.
17
              MR. RAPOPORT: A.m., p.m.?
              MR. BAYMAN:
18
                          A.m.
19
              MR. RAPOPORT: It's the middle of an answer.
20
     object to it, your Honor. These things are out of context
21
     snippets that are being taken.
22
              MR. BAYMAN:
                         I'll read the whole answer -- well,
23
     actually, I won't, because it goes about three pages, so --
24
              THE COURT: You can't do that.
25
    BY MR. BAYMAN:
```

- 1 Q. Would you agree that the label says that these symptoms
- 2 cannot lead to suicide in someone of Mr. Dolin's age?
- 3 A. No, I would not agree. In fact, it says there is concern
- 4 | that such symptoms may represent precursors to emergent
- 5 | suicidality.
- 6 Q. Would you agree that -- do you agree that the label says
- 7 | that a patient couldn't possibly become worse on paroxetine?
- 8 A. No, it doesn't say that. It says they could become worse.
- 9 | Q. Now, we talked about the black box a minute ago, and I
- 10 | believe you testified you shouldn't look just -- a doctor
- 11 | shouldn't look just at the black box, but should look at
- 12 the whole label?
- 13 A. Correct.
- 14 | Q. Do you know form your review of the materials in this case
- 15 whether Dr. Sachman, Mr. Dolin's prescribing doctor, said he
- 16 reviewed the whole label or just the black box?
- 17 A. I saw testimony from Dr. Sachman that he reviewed the
- 18 | entire label.
- 19 Q. I want to shift gears, Doctor, and talk a little bit about
- 20 depression and anxiety. What are the main psychological
- 21 | disorders that are risk factors for suicide?
- 22 A. The big three would be anxiety disorders, mood disorders
- 23 such as depression, and substance abuse.
- 24 | Q. Does having anxiety or depression have an impact on the
- 25 | risk that an individual may commit suicide?

- 1 A. Yes. If someone's suffering from an anxiety disorder,
- 2 | they're at a 16 times higher risk of committing suicide than
- 3 someone who does not have an anxiety disorder. If they also
- 4 | have depression, the risk goes up even further. So, they're
- 5 | big risk factors.
- 6 Q. Based on your research and your experience, have
- 7 | suicide -- suicides occurred for as long as we've been
- 8 | recording history?
- 9 A. Yes. And actually, another thought I had about your other
- 10 | question, you know, if you look at -- the CDC, the Centers for
- 11 Disease Control, has looked at suicides in the United States.
- 12 90 percent of the suicides had a psychiatric disorder, either
- 13 depression, anxiety, or substance abuse. So, that's where
- 14 | that comes from.
- 15 Q. Were people committing suicides before SSRIs and other
- 16 antidepressants came on the market?
- 17 | A. Yes.
- 18 \mid Q. And as a practicing psychiatrist who treats patients and
- 19 | also teaches, do you stay current on the medical and
- 20 scientific literature relating to suicide?
- 21 A. I do.
- 22 Q. What is the biggest risk factor for suicide?
- 23 A. Well, the biggest risk factor is untreated or inadequately
- 24 | treated depression.
- 25 | Q. Is there an association between untreated and inadequately

- 1 | treated depression and suicide?
- 2 A. Yes, a big one. It's the biggest risk factor.
- 3 | Q. As a practicing psychiatrist and also someone who lectures
- 4 on this topic, do you review statistics on suicide in the
- 5 | United States in the course of your practice?
- 6 ∥A. Yes, it's part of my job.
- 7 | Q. As a psychiatrist and a lecturer, what's the importance to
- 8 | you of the nationwide statistics regarding which patient
- 9 populations are more likely than others to commit suicide?
- 10 A. Well, it gives me as a practicing psychiatrist a
- 11 | background of what the risks may be for the person sitting in
- 12 | my office.
- 13 | Q. Tell the jury what you mean by that.
- 14 A. Well, we've already discussed that, you know, anxiety,
- 15 generalized anxiety disorders, the risk is 16 times higher
- 16 | than the general population. If someone also has depression,
- 17 | it's a big risk factor.
- 18 There are certain professionals that have higher
- 19 rates of suicide. Lawyers are No. 4. Doctors, dentists,
- 20 pharmacists are the top three, that mainly because they have
- 21 access to means; but attorneys are No. 4.
- 22 MR. RAPOPORT: Your Honor, I hate to interrupt the
- 23 answer, but I do think this steps over a line that you drew,
- 24 and I would move to strike it.
- 25 THE COURT: I'm going to allow a limited amount of

information, but I certainly have ruled that we're not going into statistics of suicides. It's not part of this case, and I will strike it if I hear it. But I will allow a certain amount of this in order to understand the doctor's testimony.

Do you understand me, Doctor? We're not going into national suicide numbers and things of that kind. So, don't go into it.

THE WITNESS: Okay. Well, stop me if I do something wrong.

THE COURT: Well, I will, or they'll object, which is more likely the case.

BY THE WITNESS:

A. Well, what I was going to say was if I have a patient in my office and knowing that they're a certain profession, you know, that's a factor that I have to take into account.

You know, if you're talking about attorneys, there have been surveys of one in four attorneys in North Carolina suffered from anxiety. 11 percent had suicidal ideation at least once a month in the past year in that North Carolina survey.

Suicide's the third-leading cause of death amongst lawyers after cancer and heart disease. The rate of depression in attorneys is 3. -- if you control for age and economic status and gender, the men -- male attorneys have a 3.6 times higher rate of suicide than men who are not

- 1 attorneys.
- 2 So, I mean, these things are -- they're factors when
- 3 | you're seeing a patient. It helps to know these things when
- 4 | you're seeing a particular patient.
- 5 BY MR. BAYMAN:
- 6 Q. Is suicide more common among men --
- 7 MR. RAPOPORT: Show a continuing objection to this,
- 8 your Honor.
- 9 THE COURT: Proceed.
- 10 BY MR. BAYMAN:
- 11 | Q. Is suicide more common among men or women?
- 12 | A. Men.
- 13 | Q. Have you -- in the course of your practice and research,
- 14 | have you looked at the issue of suicide in men of Mr. Dolin's
- 15 | age group in particular?
- 16 A. Yes.
- 17 | Q. And what does that tell you?
- 18 A. Well, the rate of suicide in men of the Baby Boom
- 19 generation, and Mr. Dolin's age was, has been increasing
- 20 unfortunately. If you go back to 2010, 43 percent of the
- 21 | suicides in the United States that year were men in
- 22 Mr. Dolin's age group.
- 23 Q. What age group was that?
- 24 A. 35 to 64.
- 25 Q. And what do -- what does the data reveal about the number

- 1 of suicides in the United States in 2010?
- 2 A. It was over 38,000.
- 3 Q. And how does that average out?
- 4 A. Well, it's about one every 14 minutes, like 105 suicides a
- 5 day. I think in Illinois, there were 1200 in 2010.
- 6 \mid Q. All right. Let's talk about Mr. Dolin, because this case
- 7 | is about him.
- 8 Have you reviewed Mr. Dolin's records in this case?
- 9 A. I have.
- 10 | Q. Have you reviewed his therapy records?
- 11 A. Yes.
- 12 Q. Have you reviewed the materials produced by his law firm,
- 13 | Reed Smith?
- 14 A. Yes.
- 15 Q. Have you worked with me and my team before trial and
- 16 | recently to develop some timelines that summarize Mr. Dolin's
- 17 | therapy so that we don't have to look at each and every
- 18 | therapy record?
- 19 A. Yes. I tried to synthesize it into kind of a short
- 20 summary.
- 21 | Q. Just so you know, the jury's already seen those records
- 22 | through the testimony of Dr. Sahlstrom and Ms. Reed.
- 23 A. Okay.
- 24 MR. BAYMAN: Your Honor, at this point, I would --
- 25 counsel, behind Tab 20, it's the second document.

1

2

3

4

6

7

9

10

I would ask for permission to publish for demonstrative purposes the first graphic timeline which summarizes what Dr. Rothschild has felt significant from his review of the records at a particular time.

5 THE COURT: And the number is?

MR. BAYMAN: It's DX 7038-2, behind Tab 20 in your book, your Honor. It should be right after his opinions.

MR. RAPOPORT: No objection to showing it.

THE COURT: All right.

- BY MR. BAYMAN:
- 11 Q. When -- based on your work in this case, when is the first
- 12 | time that you're aware of that Mr. Dolin sought mental health
- 13 | treatment?
- 14 A. 1989.
- 15 Q. Had Mr. Dolin experienced anxiety and depression prior to
- 16 | 1989?
- 17 A. Yes. There was -- I saw testimony from Mrs. Dolin that
- 18 he had symptoms of anxiety after graduation from law school
- 19 | and I think going to his first job.
- 20 Q. Do we have earlier records prior to 1989 of Mr. Dolin?
- 21 A. No.
- 22 Q. From whom did Mr. Dolin seek treatment in 1989?
- 23 A. He saw a Dr. Roth, who was a psychiatrist.
- 24 Q. And was Mr. Dolin going through any changes in work -- at
- 25 work in September of 1989 when he started treating with

- 1 Dr. Roth?
- 2 A. Yes. It coincides with the time that he was joining the
- 3 | law firm Sachnoff & Weaver.
- 4 Q. Did Dr. Roth diagnose Mr. Dolin?
- 5 A. Yes.
- 6 | Q. What did he diagnose him with?
- 7 | A. Anxiety.
- 8 | Q. How do you know that?
- 9 A. Well, unfortunately, there are no records from then, but
- 10 | the billing records, I was able to look at; and when you do a
- 11 | billing record, you have to put a diagnosis, and that's what
- 12 was on there.
- 13 | Q. Do we have any more detail about Dr. Roth's treatment of
- 14 Mr. Dolin, including whether he prescribed medication to him?
- 15 A. No. What I was able to learn from the billing records,
- 16 | that he saw Dr. Roth approximately 70 times over a seven-year
- 17 period.
- 18 Q. So, what -- in your opinion, was Mr. Dolin under
- 19 Dr. Roth's care?
- 20 A. Yes. Well, 70 times to see a patient, it's quite a number
- 21 of times. I mean, you're seeing him I guess an average of
- 22 once a month, so that would be ongoing care for seven years.
- 23 Q. In your opinion, what does this anxiety diagnosis back in
- 24 | 1989 and the duration of treatment with Dr. Roth tell you
- 25 | about Mr. Dolin's psychiatric condition, if anything?

- 1 A. Well, sir, it tells me that he needed -- Mr. Dolin needed
- 2 | monitoring. He wasn't like a one-shot deal, "You're fine. I
- 3 don't need to see you back." He was monitoring him for
- 4 seven years, approximately once a month. So, that's -- you
- 5 | know, it's an ongoing problem. Let's put it that way.
- 6 Q. And Dr. Glenmullen testified Mr. Dolin saw Dr. Roth off
- 7 | and on, somewhat sporadically. Does that mean his condition
- 8 | was mild?
- 9 A. No. First of all, I wouldn't agree that it was sporadic.
- 10 He saw him 70 times over seven years. That's about
- 11 | approximately once a month. And I don't know how you could
- 12 know without the records that it was mild. All we know is
- 13 | that he had seven years of treatment, 70 visits.
- 14 | Q. Now, based on your professional experience in treating
- 15 patients, does psychiatric illness get worse as patients get
- 16 | older?
- 17 A. Unfortunately, yes. It's like other diseases. If you
- 18 | follow people over time, the diseases often worsen as people
- 19 get older.
- 20 Q. When is the next time after Dr. Roth that we have a record
- 21 of Mr. Dolin being treated for anxiety?
- 22 A. Well, in 2005, the records show that Dr. Sachman treated
- 23 | him for anxiety with paroxetine.
- 24 Q. And what dosage was prescribed?
- 25 A. 10 milligrams, 10 milligrams a day.

- 1 Q. What is the recommended starting paroxetine dose for
- 2 | treating anxiety or depression?
- 3 A. 20, 20 milligrams per day.
- 4 Q. Dr. Rothschild, have you seen any evidence that Paxil or
- 5 paroxetine in a 10-milligram dosage can cause or induce
- 6 suicidal behavior or suicide in adults?
- 7 | A. No.
- 8 Q. Have you seen it at any dose?
- 9 A. No.
- 10 | Q. How long did Mr. Dolin remain on 10 milligrams a day of
- 11 | paroxetine?
- 12 A. Approximately 13 months.
- 13 | Q. Did you assist in preparing a graphic or demonstrative
- 14 outlining how many paroxetine pills Mr. Dolin took in 2005
- 15 | and 2006?
- 16 A. I did.
- 17 | Q. Would that graphic be helpful to illustrate your testimony
- 18 | to the jury?
- 19 A. I think it's easier to see it pictorially, yes.
- MR. BAYMAN: Your Honor, at this point, I move for
- 21 permission to publish DX 7038-3.
- 22 MR. RAPOPORT: No objection.
- 23 BY MR. BAYMAN:
- 24 | Q. How long did Mr. Dolin take paroxetine in 2005 and 2006?
- 25 A. Well, he filled 13 prescriptions, so it's a little over a

- 1 | year. There's some gaps in there, but it was a little over a
- 2 year. So, from October, early October of 2005 into probably
- 3 the end of November 2006.
- 4 | Q. If he took paroxetine as prescribed, when would he have
- 5 | run out of paroxetine?
- 6 A. Well, the last prescription was picked up October 29th,
- 7 | 2006. It was a 30-day supply, so it would be the end of
- 8 November 2006.
- 9 | Q. How many pills did he take over this time period?
- 10 A. Each prescription was for 30 pills. 13 times 30 is 390,
- 11 | 390 pills.
- 12 Q. Was there any evidence in the medical records or the
- 13 | testimony that you've seen that Mr. Dolin experienced any
- 14 | side effects or problems whatsoever related to taking 390
- 15 paroxetine pills for over a year?
- 16 A. None. Actually, the medical records show that he did well
- 17 | on it.
- 18 Q. Did Mr. Dolin take Paxil, or did he take generic
- 19 | paroxetine?
- 20 A. I think it was generic paroxetine.
- 21 Q. Did you see any testimony from Dr. Sachman about whether
- 22 he would inquire of Mr. Dolin about how he was doing after
- 23 Dr. Sachman prescribed medicine to him?
- 24 A. Dr. Sachman, I saw his testimony, said that he would
- 25 | inquire about whether Mr. Dolin was having any problems with

- 1 the medication.
- 2 Q. And how did -- what did Mr. Dolin report to Dr. Sachman
- 3 | about how he did on paroxetine in 2005 and 2006?
- 4 A. Mr. Dolin reported that he did well on it.
- 5 | Q. Did Mr. Dolin report any symptoms consistent with
- 6 | akathisia?
- 7 | A. No.
- 8 Q. While he was taking paroxetine from 2005 and then again
- 9 | into 2006, did he report any suicidal thoughts?
- 10 A. No.
- 11 | Q. At any time -- based on your review of the records and the
- 12 | testimony, at any time when Mr. Dolin took paroxetine from
- 13 2005 into 2006, did Mr. Dolin report to Dr. Sachman any other
- 14 | signs of increasing anxiety, agitation, depression, or any
- 15 | worsening of his condition?
- 16 A. No, he did not.
- 17 Q. What does that tell you about how Mr. Dolin responded to
- 18 | the paroxetine?
- 19 A. It tells me that Mr. Dolin responded well. He had a
- 20 beneficial effect from the paroxetine on his anxiety, and he
- 21 | had no side effects.
- 22 | Q. Now, you mentioned that there were some gaps in his use of
- 23 paroxetine. Do the pharmacy records indicate whether
- 24 Mr. Dolin took paroxetine consistently in 2005 and 2006?
- 25 A. He did not. There -- as I've illustrated here, there were

- 1 gaps when he didn't take it.
- 2 | Q. What does that tell you about Mr. Dolin's medication
- 3 | compliance?
- 4 \mid A. Well, unfortunately, he wasn't always compliant with
- 5 | taking the medicines. You're supposed to take the
- 6 antidepressant paroxetine every day religiously, and so he
- 7 | wasn't compliant.

8

- It also tells me something else. And I know a lot
- 9 has been made about my article and this challenge,
- 10 de-challenge, rechallenge. That's what --
- THE COURT: Doctor, please. No volunteering. He'll
- 12 | ask you a question.
- MR. RAPOPORT: Well, now I also object to the
- 14 reference to non-compliance unless it's causally tied.
- 15 THE COURT: Well, put another question.
- 16 MR. BAYMAN: Yes, sir.
- 17 | BY MR. BAYMAN:
- 18 Q. What does the fact that there were some stop -- Mr. Dolin
- 19 stopping and starting paroxetine during the time he took it in
- 20 2005 and 2006, what does that tell you?
- 21 A. Well, what I was saying is a lot's been made about this
- 22 challenge, de-challenge, rechallenge. That's what was going
- 23 on here in a way, right? Mr. Dolin was stopping the medicine,
- 24 de-challenge, restarting the medicine, rechallenge. He did it
- 25 at least twice. You know, everything was fine. There were no

1 problems. He didn't have any side effects and reported 2 nothing to Dr. Sachman about any problems. 3 Q. Now --4 THE COURT: But Dr. Roth was treating him here, 5 wasn't he? MR. BAYMAN: No, sir. This is Dr. Sachman. 6 This is 7 2005 to 2006. THE COURT: Oh, you've moved to 2005? 9 MR. BAYMAN: Yes. 10 THE COURT: Well, then take down that --11 MR. BAYMAN: No, this is 2005 and 2006. These are 12 his prescriptions of paroxetine, Dr. Sachman. 13 THE COURT: Okay. You're counting the 390 pills from 14 both Dr. Roth and Dr. --15 MR. BAYMAN: Dr. Roth didn't prescribe Paxil, No. 16 just Dr. Sachman. These are all Dr. Sachman. 17 THE COURT: All Dr. Sachman. 0kay. MR. BAYMAN: 18 Yes. BY MR. BAYMAN: 19 Q. Now, the jury heard that Mr. Dolin may have taken 20 21 paroxetine prior to 2005, possibly in the 2003 time frame. Are you familiar with that possibility based on your review of 22 23 the records in this case? 24 A. Yes. I saw a record from another doctor that sort of 25 mentioned in 2003 that he was on paroxetine at the time.

- 1 Q. Did you see anything beyond that?
- 2 A. No. It was actually a one-time record, but it indicated
- 3 he may have been on paroxetine before 2005.
- 4 Q. If Mr. Dolin had taken paroxetine for a time prior to
- 5 | 2005, does that change your opinions in this case?
- 6 | A. No.
- 7 Q. Does it support your opinions?
- 8 A. Well, yes, that would be another time that Mr. Dolin took
- 9 paroxetine and didn't become suicidal or something like that.
- 10 It's just more evidence that Mr. Dolin took paroxetine without
- 11 problems.
- 12 MR. BAYMAN: Set that down, Mr. Holtzen.
- 13 BY MR. BAYMAN:
- 14 Q. Now, did Mr. Dolin report the return of his anxiety at
- 15 some pointed shortly after he stopped taking paroxetine in
- 16 | November of 2006?
- 17 | A. Yes.
- 18 Q. When do we know, from the therapist's records, that
- 19 Mr. Dolin reported experiencing anxiety the next time after
- 20 | November 2006?
- 21 A. Well, he went to see a therapist, a Ms. Reed, in February
- 22 of 2007.
- 23 | Q. How do you know that?
- 24 A. I know that from reviewing Miss Reed's records.
- 25 Q. Who is Sydney Reed?

- 1 A. Sydney Reed is a social worker who Mr. Dolin saw for
- 2 | therapy.
- 3 Q. What's the difference between a social worker and a
- 4 | psychologist?
- 5 A. Well, a social worker goes to school for two years after
- 6 | undergraduate. The degree is usually what's called a Master's
- 7 | in Social Work. And they do some -- for licensing, they do
- 8 | some additional clinical hours in training.
- 9 A psychologist is someone who goes -- gets a Ph.D. or
- 10 | a scientific degree, and that would be about four years after
- 11 college. And then a psychiatrist -- do you want me to talk
- 12 about that, too?
- 13 | Q. I was just going to ask you the next question, you as a
- 14 psychiatrist, how is your training different?
- 15 A. So, a psychiatrist is a medical doctor. We go to medical
- 16 school. And we become psychiatrists after medical school.
- 17 | Some people become surgeons. Some people become
- 18 ophthalmologists. We become psychiatrists. So, we do four
- 19 | years of additional training after medical school to become
- 20 psychiatrists.
- 21 | Q. Can social workers or psychologists prescribe medications?
- 22 A. Social workers, definitely not. In some states,
- 23 psychologists can; but in most of the states of the United
- 24 States, they cannot.
- 25 Q. Now, based on your review of the medical and the pharmacy

- 1 records, was Mr. Dolin taking paroxetine or any other
- 2 | medication for anxiety in early 2007 when he went to see
- 3 Ms. Reed?
- 4 A. No, he was not.
- 5 | Q. Had any stressful events occurred that contributed to
- 6 Mr. Dolin's anxiety in early 2007?
- 7 A. Yes.
- 8 Q. What were they?
- 9 | A. Well, the big thing was the upcoming merger of the
- 10 | Sachnoff Weaver firm into a much larger international law firm
- 11 | called Reed Smith, with offices all over the country and all
- 12 | over the world.
- 13 MR. BAYMAN: Your Honor, at this point, permission to
- 14 publish defense DX 7038-4, which is the next phase of the
- 15 | timeline.
- 16 MR. RAPOPORT: No objection.
- 17 BY MR. BAYMAN:
- 18 | Q. This is the timeline you assisted us in preparing?
- 19 | A. Yes.
- 20 Q. What were some of the issues that Mr. Dolin was facing
- 21 when he saw Ms. Reed for the first time in February 2007?
- 22 A. Well, I've highlighted just a few of the things from the
- 23 medical records, from Ms. Reed's records, and particularly the
- 24 | things in red.
- So, the first visit, he talks about how he's anxious

- 1 about the merger, and Ms. Reed notes that he has very extreme
- 2 negative thinking. And he had this feeling of not feeling
- 3 | qualified to work at Reed Smith.
- 4 | Q. And what about in the -- what are the other problems or
- 5 concerns that Mr. Dolin reported that you found significant in
- 6 | that first session?
- 7 A. Well, he also had a great fear of being able to do the
- 8 | job. And as we'll see here, Mr. Dolin had feelings of being
- 9 | inferior, being inadequate, of not being up to the level of
- 10 the lawyers at Reed Smith because he hadn't been an
- 11 | international lawyer. I think he said to himself -- he said
- 12 | to his therapist that he hadn't gone to Harvard Law School or
- 13 | Yale Law School. So, he went in to this thing with a lot of
- 14 | anxiety and fears about how his performance was going to be at
- 15 | this bigger international law firm.
- 16 Q. What was significant to you about his next visit on
- 17 | February 26?
- 18 A. Well, on February 26, he's again very anxious, and he was
- 19 expressing fears to Ms. Reed that he wouldn't be able to
- 20 support himself or his family. He even used the phrase
- 21 | "bag lady," that he would become a bag lady.
- 22 And the interesting thing to me was that Ms. Reed
- 23 noted that he was having a hard time holding it together. Now
- 24 the merger was about to happen and was -- I think it happened
- 25 in March. And he had this feeling of wanting to escape, of

- 1 wanting to get up, run and escape, and get out of there. But
- 2 | it was work-related, get out of the work situation.
- 3 Q. Did he express any financial concerns or insecurities at
- 4 | that time?
- 5 A. Yes. He was, I believe, supporting his wife's family, and
- 6 that was a -- he felt he had no financial backstop. And then
- 7 | he talks about that a little more in a subsequent visit, but
- 8 he was worried about finances.
- 9 | Q. Now, you talked -- you just mentioned the financial
- 10 concerns. You've had access to the Reed Smith records to see
- 11 | how much Mr. Dolin was making at Sachnoff & Weaver and at Reed
- 12 | Smith?
- 13 A. Yes.
- 14 | Q. Roughly at this point in time in about 2007, about how
- 15 | much was he making?
- 16 A. It was somewhere around a million dollars a year.
- 17 | Q. In your experience as a practicing psychiatrist who has
- 18 | treated patients were anxiety and depression, are people with
- 19 | high financial status immune from depression and anxiety?
- 20 A. Not at all. I mean, in my practice, I have people who --
- 21 | if you looked at them from the outside, you'd say, "Why are
- 22 | they depressed? Why are they anxious? They have more money
- 23 than they know what to do with." But that doesn't protect
- 24 people. Sometimes people's anxieties are related to their
- 25 perception of things, not the actual dollar amount that

- 1 | they're earning.
- 2 Q. And based on your review of Ms. Reed's notes, was
- 3 Mr. Dolin having difficulty containing his anxiety during this
- 4 | period?
- 5 A. Yes. He had this feeling -- well, she wrote that he was
- 6 | having a hard time holding it together and that he wanted to
- 7 | get up and run.
- 8 Q. And during this same time period, how was Mr. Dolin
- 9 | functioning at work and socially, based on your review of the
- 10 | testimony and the records in the case?
- 11 A. Well, to the outside world, Mr. Dolin seemed fine. I
- 12 mean, he was functioning at work. He was interacting
- 13 | socially. This was all inside. He didn't tell his
- 14 | colleagues, "I feel inferior, and I don't feel I can hack
- 15 this." That was inside. The outside world, he had a public
- 16 persona that he presented to the outside.
- 17 | Q. Tell the jury, just summarize what was important to you
- 18 about what he was reporting to Ms. Reed in May and June of
- 19 | 2007.
- 20 A. Well, it's on a similar vein. You know, he had -- he was
- 21 afraid that fear will make him stop functioning. His life is
- 22 totally different in the new law firm. And that was true. I
- 23 mean, it's a much bigger law firm than what he had been used
- 24 | to.
- In the May 26th visit, he says he's frozen, he was

1 feeling frozen and paralyzed. He was afraid of his
2 professional life. He asked her, "What should I do?"

In the June 2nd, 2007, visit, he mentions to Ms. Reed about no backstop financially. Even though he was making a million dollars a year, he was anxious about his finances.

And then those next two visits in June, again, notations about needing to contain his anxiety, trying to step out of the passive role. I think what Ms. Reed was doing there was to get him to try to take control over some of the things that were happening in his life as opposed to letting them happen to him.

But the consistent thing here is anxiety about work, worries that he wouldn't be able to function at the same level as the Reed Smith attorneys, that he didn't have a background as an international lawyer. And we'll see later that this repeats itself in 2010.

By the way, he's not on any medication, either, during this time.

- Q. Did Ms. Reed explore what kind of relationship Mr. Dolin had with his own family, his family of origin?
- 21 A. Yes.

- 22 | Q. And what did -- what did that reveal?
- A. Well, he was disconnected, sort of estranged from his brother. I think he hadn't spoken to his brother in over 25 | 20 years. And he also was somewhat estranged from his mother.

- 1 Q. In June 2007, for how many months had Mr. Dolin been
- 2 reporting fears and anxiety to Ms. Reed?
- 3 A. By June -- so it was from February to June, so it was
- 4 | about five months.
- 5 | Q. Is there any significance to you that Mr. Dolin had been
- 6 experiencing these fears and anxieties for this period of
- 7 | time?
- 8 A. Yes. It shows that it's a consistent, ongoing problem,
- 9 | and it's in the context of the big merger with Reed Smith.
- 10 Q. Now, you mentioned no medicine. Was Mr. Dolin prescribed
- 11 | medication to treat his anxiety in 2007?
- 12 A. Yes, he was.
- 13 Q. What medication?
- 14 A. Sertraline.
- 15 Q. And sertraline is the generic for what drug?
- 16 | A. Zoloft.
- 17 Q. Is Zoloft or sertraline the same class of medicines as
- 18 | Paxil or paroxetine?
- 19 A. Yes.
- 20 Q. Did you assist us in preparing a graphic illustrating for
- 21 how long Mr. Dolin took the sertraline?
- 22 A. I did. It's easier to see up on a picture.
- 23 MR. BAYMAN: Your Honor, I'd move at this point for
- 24 permission to publish Defense Exhibit --
- 25 MR. RAPOPORT: No objection.

- 1 MR. BAYMAN: -- 7038-5.
- 2 MR. RAPOPORT: That was no objection.
- 3 THE COURT: Proceed.
- 4 BY MR. BAYMAN:
- 5 | Q. When did Dr. Sachman first prescribe sertraline?
- 7 | Q. And for how long did Mr. Dolin continue to take
- 8 | sertraline?
- 9 A. Well, he took it all the way into October of 2009, and
- 10 | there are some gaps here where he was off it; but he took it
- 11 | all the way until October 2009, about a year, year-and-a-half.
- 12 Q. Well, June 2007 to October --
- 13 A. I'm sorry, actually two years.
- 14 Q. Two years?
- 15 A. Two years. Two-and-a-half -- two-and-a-quarter years.
- 16 Q. And how many days' worth of sertraline was this?
- 17 A. It was approximately 600 days.
- 18 Q. What dose did he -- of sertraline did Mr. Dolin take?
- 19 A. He started off on 50 milligrams per day, and then it was
- 20 increased to 100 milligrams a day.
- 21 Q. Is there any evidence from the medical records that
- 22 Mr. Dolin had akathisia from taking sertraline during 2007
- 23 | to 2009?
- 24 | A. None.
- 25 Q. Did he report any side effects from the sertraline to

- 1 Dr. Sachman or any other healthcare professional from June
- 2 | 2007 to 2009?
- 3 A. No.
- 4 Q. Now, you mentioned that there were some gaps in his
- 5 | sertraline prescriptions. Is that significant to you?
- 6 A. Yes, and same reasons as in 2005 with the paroxetine. He
- 7 | wasn't always compliant with taking the sertraline. You're
- 8 supposed to take it every day, and he had a lot of times when
- 9 he was starting and stopping and restarting the medication.
- 10 Q. Now, after Mr. Dolin started taking the sertraline in
- 11 June of 2007, did he continue to see Ms. Reed for therapy?
- 12 | A. Yes.
- 13 | Q. Did you prepare a graphic regarding -- timeline graphic
- 14 | regarding Mr. Dolin's next several visits to Ms. Reed that
- 15 | summarizes what you felt were significant?
- 16 **| A**. I did.
- MR. BAYMAN: I'd like permission, your Honor, to
- 18 | publish **DX** 7038-6.
- 19 MR. RAPOPORT: No objection.
- 20 BY MR. BAYMAN:
- 21 | Q. Okay. Walk us through this graphical timeline and tell us
- 22 what you found significant in the period from June 2007 to
- 23 November 2007.
- 24 A. Well, I won't walk through every visit, but there's some
- 25 general things I think you can say about this. But one is

that the general trade is that he's getting better. He's on the sertraline. Things are going better.

You look at the August 25th visit, he's feeling better. September 15, 2007, visit, perception is reality. October 7th, Stu doing well. November 10th, 2007, he recognized he can survive hell.

So, the general trend is improvement. However, there's a couple of things I would want to point out that I think are important.

On August 9th, 2007, he tells Ms. Reed that he felt -- in his old firm, he felt he was his own boss, but now he isn't his own boss. For some reason, she put that in caps. And that is true, right? He was a big fish in his -- Sachnoff & Weaver. He was on the leadership group. At Reed Smith, he had a boss, and his boss had a boss; and it was a different atmosphere. It's interesting that he mentioned that.

The other thing I think that's very important is on September 15th, 2007, when Ms. Reed writes, "How fragile his psychological balance is." Now, this is a period of time when he was doing better, but I think what she means by that is it wouldn't take -- doesn't take much to tip him into feeling really bad. It often was related to the external events such as work, particularly work.

I mean, in fact, some of the reason he may also have

- 1 been doing better here is that things are better at work also,
- 2 | right? If you look at the October 14th, 2007, "He feels he's
- 3 getting respect from others at work. Feeling good about
- 4 | work."
- 5 A lot of, you know, his psychological, his fragile
- 6 psychological balance had to do with things that were
- 7 | happening, but what the word "fragile" means is that it didn't
- 8 | take much to tip him back into anxiety.
- 9 Q. Is there any significance to the fact that despite doing
- 10 better there later in 2007, that he had been expressing
- 11 anxiety and some fears for at least six months to Mrs. Read?
- 12 A. Yes. I mean, this has been going on for quite some time.
- 13 He's doing somewhat here in this time period, and he's also on
- 14 | the sertraline; but this has been an ongoing problem,
- 15 obviously.
- 16 Q. Now, you mentioned at some point he changed -- his
- 17 sertraline does was changed in the fall of 2007. When was
- 18 | that?
- 19 A. It was in the middle of October of 2007.
- 20 Q. Was that an increase or a decrease?
- 21 A. Increase.
- 22 | Q. Do we know why his dose was increased then?
- 23 A. No.
- 24 | Q. How did Mr. Dolin do in the fall of 2007 after the dose --
- 25 the sertraline dose was increased?

- 1 A. Well, you can see from Ms. Reed's notes that in October of
- 2 | 2007, you know, he's feeling better, seeing his own leadership
- 3 skills more clearly. And in the November 10th, 2007, visit,
- 4 he says he recognized he can survive hell. Looking at the
- 5 | benefits of what he went through. So, he's more positive in
- 6 | those visits after the dose increase of sertraline.
- 7 | Q. Since he began the sertraline in June of 2007, did
- 8 Mr. Dolin report to anyone that he was having problems or
- 9 | side effects on sertraline?
- 10 A. He did not.
- 11 | Q. Do the medical records support that sertraline effectively
- 12 | treated Mr. Dolin's anxieties?
- 13 **A**. They do.
- 14 | Q. Now, the jury has heard that Mr. Dolin reported suicidal
- 15 | thoughts to Ms. Reed on December 1, 2007.
- 16 A. Yes.
- 17 Q. Are you familiar with the notes from that visit?
- 18 A. I am.
- 19 | Q. Turn, if you would, to Tab 4 in your book, which is Joint
- 20 Exhibit 9. Have you got that?
- 21 A. I have Tab 4, yes.
- 22 | Q. Are those the notes from Sydney Reed, the actual notes?
- 23 A. Yes.
- MR. BAYMAN: Your Honor, at this point, I'd like to
- 25 publish from Joint Exhibit 9, page 9-003.

1 THE COURT: You may proceed.

- 2 BY MR. BAYMAN:
- 3 | Q. All right. What note is this?
- 4 | A. So, this is Sydney Reed's note from December 1st, 2007.
- 5 | Q. And how did this compare -- this visit compare to prior
- 6 visits in the fall of 2007?
- 7 A. Well, the prior visits, he was doing better, and in this
- 8 one, he says he's depressed and down and has suicidal
- 9 thoughts.
- 10 | Q. Tell us what else is significant.
- 11 A. So, he -- Mr. Dolin tells this to Ms. Reed, and Ms. Reed
- 12 | notes that she examined them carefully; and Ms. Reed said that
- 13 | the suicidal thoughts appeared to be related to wanting to
- 14 escape the pressure of work. Now, we saw that before, escape
- 15 the pressure of work, when he first came to Ms. Reed.
- 16 He had no plan, and he calmed down with the talking
- 17 | about the situation at work and how he could handle it. And
- 18 he was looking forward to seeing his kids for the holiday.
- 19 Q. Based on your review of the testimony and the other
- 20 materials in the case, was year end a stressful time for
- 21 Mr. Dolin?
- 22 A. Yes, year end at the Reed Smith law firm was a very
- 23 stressful time. They were -- the lawyers were trying to
- 24 collect on all of their bills to finish out the year, and
- 25 | those kinds of metrics would have implications for their

- 1 salaries and other things the following year.
- 2 Q. Did you find this report of suicidal thoughts surprising,
- 3 given how well Mr. Dolin appeared to be doing in prior visits
- 4 | that fall?
- 5 A. Not really. I mean, Ms. Reed had already noted that
- 6 Mr. Dolin, before this, was fragile, that he was
- 7 psychologically fragile. It wouldn't take much to stress him
- 8 out. And so, no, I'm not that surprising -- it's not that
- 9 surprising.
- 10 And he was able -- it's not unusual for patients who
- 11 | suffer from anxiety and depression to have suicidal thoughts,
- 12 | I mean, so -- and she was able to improve the situation by
- 13 | having him talk about the -- about the situation.
- 14 And Ms. Reed herself says it's work-related.
- 15 Q. Did Ms. Reed inform either Dr. Sachman or Mrs. Dolin about
- 16 | those suicidal thoughts that Mr. Dolin expressed on
- 17 | December 1, 2007?
- 18 A. She did not.
- 19 Q. Did Mr. Dolin tell either Dr. Sachman or Mrs. Dolin about
- 20 his suicidal thoughts?
- 21 A. No.
- 22 THE COURT: All right. We'll take a break now.
- 23 MR. BAYMAN: Thank you, your Honor.
- 24 | (Jury exits courtroom.)

1 (Recess had.) 2 (Change of Reporters -- Volume 17-C.) 3 (Proceedings heard in open court. Jury in.) 4 THE COURT: All right. Thank you very much, ladies 5 and gentlemen. Please be seated. We'll resume. 6 You may proceed, sir. 7 MR. BAYMAN: Thank you, your Honor. BY MR. BAYMAN: Q. Before the break, Dr. Rothschild, we talked about 9 10 Mr. Dolin's expression of suicidal thoughts to Ms. Reed on 11 December 1, 2007. Do we know for how long Mr. Dolin's 12 suicidal thoughts continued? 13 A. Well, we know that he saw Dr. Sachman two weeks later, so 14 December 15th, 2007, and by that point, they were gone. 15 Q. And what was -- what was he telling Ms. Reed shortly after 16 the first of the year about how things were going at work? 17 A. Well, he saw Ms. Reed on January 12th, 2008, and things 18 were better. Things were going better at work. And, you 19 know, if you look at Ms. Reed's testimony, her deposition, she 20 even said that when the pressures at work resolved, the 21 suicidal thinking went away. 22 Q. Now, I ask you to assume that Dr. Glenmullen attributed 23 Mr. Dolin's suicidal thinking in December 2007 to his 24 increased dose of sertraline in mid-October, some six weeks 25 earlier. Do you agree with Dr. Glenmullen?

- 1 A. No.
- 2 | Q. Why not?
- 3 A. Multiple reasons. There's no scientific evidence that
- 4 | sertraline causes suicide. He only had suicidal ideation, he
- 5 | reported, on that one day. Ms. Reed, who is his therapist,
- 6 said it was related to the work stresses. That was her --
- 7 | she's seeing Mr. Dolin, and that was her conclusion. And then
- 8 | when Ms. Reed also concluded that when the work stresses
- 9 | resolved, the suicidal thinking that Mr. Dolin had went away.
- 10 | Q. How did -- what did Mr. Dolin report to Ms. Reed about how
- 11 | he was feeling in November of 2007 after the dose increase?
- 12 A. He was feeling better.
- 13 | Q. Is there something special about the six-week mark that
- 14 Dr. Glenmullen has referred to?
- 15 A. No.
- 16 Q. In your opinion, if the increased sertraline dosage were,
- 17 | in fact, affecting Mr. Dolin in some way, would you expect him
- 18 to have reported problems prior to six weeks on the medicine?
- 19 A. Yes, prior to six weeks and then afterwards. I mean, he
- 20 was on sertraline for a long period of time.
- 21 | Q. And did he ever report any problems on sertraline during
- 22 | this time in 2007-2008?
- 23 A. No, he didn't report any problems. I mean, this one visit
- 24 where he says he has suicidal ideation, it appeared to be
- 25 related to the work stresses. That's what his therapist

- 1 thought. And when the work stresses resolved, he was no
- 2 | longer having suicidal ideation.
- 3 | Q. Did you help prepare a graphic addressing and summarizing
- 4 Mr. Dolin's next visits to Ms. Reed in 2008?
- 5 | A. I did.
- 6 MR. BAYMAN: Your Honor, permission to publish DX
- 7 | 7038-7.
- 3 THE COURT: Proceed.
- 9 MR. RAPOPORT: No objection.
- 10 THE COURT: Pardon me?
- 11 MR. RAPOPORT: No objection.
- 12 | THE COURT: Proceed.
- 13 BY MR. BAYMAN:
- 14 | Q. As a psychiatrist who's treated patients with anxiety and
- 15 depression, what did you consider significant from Mr. Dolin's
- 16 visits to Ms. Reed in 2008?
- 17 A. Well, as we were just alluding to the January 12th, 2008,
- 18 he was able to laugh and be more relaxed and at the same time
- 19 reports that he's doing well financially at the firm.
- 20 | February 9th, he's back to his old self, billed \$4 million.
- 21 Experiences change in a positive way.
- 22 So he's doing better in 2008 and work is going
- 23 | better. And this continued in March and April. And then when
- 24 we get to June 2008, he tells Ms. Reed that he's better and he
- 25 | feels ready to terminate the therapy.

- 1 Q. At any of these visits in 2008, was there any mention of
- 2 Mr. Dolin's experiencing suicidal thoughts?
- 3 A. No.
- 4 Q. Was he continuing to take sertraline on and off during
- 5 | this period of time in 2008?
- 6 A. Yes. He was on sertraline, for the most part, through all
- 7 | that period of time.
- 8 | Q. And the -- whose decision was it to stop the therapy with
- 9 Ms. Reed in June of 2008?
- 10 A. Mr. Dolin's.
- 11 Q. Now, did Mr. Dolin's anxieties about work come to the
- 12 | surface again at some point in 2010?
- 13 A. They did.
- 14 Q. Would you tell us about that?
- 15 A. Well, in 2010, some of his old fears and anxieties that he
- 16 | had had in the 2007 period returned, but this time there were
- 17 some real things happening to Mr. Dolin at work, bad things
- 18 that played into his feelings of inferiority, inadequacy, and
- 19 in some ways his nightmare of being inadequate was actually
- 20 coming true.
- 21 Q. Now, the jury has seen some documents produced by Reed
- 22 | Smith. Did you assist in preparing a graphic summarizing the
- 23 work-related stresses that you believe Mr. Dolin was
- 24 experiencing in 2010 so that we don't have to go through the
- 25 | documents individually?

- 1 A. Yes. This is a summary. This is a brief summary.
- 2 Q. It would be helpful to show your summary?
- 3 A. Yes.

5

- MR. BAYMAN: Your Honor, permission to publish at this time defense Exhibit 7038-8.
- 6 MR. RAPOPORT: No objection.
- 7 THE COURT: Proceed.
 - MR. BAYMAN: Let's put that up.
- 9 BY MR. BAYMAN:
- 10 Q. Okay. Please summarize the work stresses influencing
- 11 | Mr. Dolin in 20' --
- 12 A. This is a summary.
- 13 | Q. Okay.
- 14 A. 2009, as we'll see, Mr. Dolin described as his most
- 15 challenging year ever in his career. And he wrote in his
- 16 | evaluation -- he wrote that in his evaluation of 2009, that
- 17 | 2010, he had to focus on improving but what happened was, in
- 18 2010, he had harsh criticisms from his colleagues on his role
- 19 as a practice group leader on his evaluations.
- 20 His compensation was decreased. And Mr. Dolin
- 21 | appealed it. And in his own words, he described it as a
- 22 seismic shock. Those are Mr. Dolin's words. He was removed
- 23 as the sole leader of the practice group at Reed Smith.
- I talked about this, but he had serious issues with
- 25 | two very important clients. That was occurring around -- just

- 1 before he committed suicide. And his therapist, Ms. Reed.
- 2 wrote about the fear that she had described in 2007 before he
- 3 was ever on -- when he wasn't on medications, his
- 4 psychological fear loop had returned. And the fear loop is
- 5 | this feelings of inadequacy and inferiority, that he was
- 6 incompetent, that that had returned.
- 7 Q. Now, you said that was a summary. I want to ask you about
- 8 | a couple of these things. Did you review his self-evaluation
- 9 in 2010 for his performance in the year 2009?
- 10 **| A**. I did.
- 11 MR. BAYMAN: Would you turn to Tab 5 in your book?
- That's defense Exhibit 3037, your Honor. It's
- 13 | already in evidence.
- 14 THE COURT: You may proceed.
- 15 MR. BAYMAN: May I have permission to publish?
- 16 THE COURT: Yes.
- 17 ∥ BY MR. BAYMAN:
- 18 Q. Is this Mr. Dolin's self-evaluation?
- 19 A. Yes.
- 20 Q. What were the comments in that self-evaluation that you
- 21 | found to be of significance?
- 22 A. Well, right at the beginning, it says, "2009 has without a
- 23 doubt been my most challenging year ever in my professional
- 24 career. The economy, it was during the recession, the great
- 25 recession. "The economy played havoc with the practices of so

- 1 many of our lawyers in corporate and securities including my
- 2 own." So he was hoping to do better in 2010.
- 3 | Q. Why did you consider it significant that Mr. Dolin found
- 4 2009 to be the most challenging year of his professional
- 5 | career?
- 6 A. Well, I mean, he -- he was the leader of this group, and
- 7 the group didn't do well financially. They were way below
- 8 their targets. And he personally as an attorney was below his
- 9 | targets.
- 10 MR. BAYMAN: You can take that down.
- 11 BY MR. BAYMAN:
- 12 Q. You mentioned he received some harsh criticisms from
- 13 colleagues. That was on one of your lists of stresses.
- 14 | Criticisms from whom?
- 15 A. These were other partners at the law firm or equity
- 16 partners. It was colleagues.
- 17 | Q. The jury has seen some of these evaluations. Just tell us
- 18 which comments were significant to you for your opinions in
- 19 | this case.
- 20 A. Well, there were several. "Middle market lawyer from a
- 21 | middle market firm leads global C & S group, question mark.
- 22 | Enough said." "Utter lack of knowledge of C & S practice at
- 23 Reed Smith. Plays favorites. Arrogant. Non-responsive.
- 24 Deceitful. That enough?"
- 25 Not motivational. Doesn't know the people in the

1 group. Not a particularly solid group leader." And there's 2 some others. 3 0kay. Q. 4 "He's a terrible PGL." I guess that's practice group 5 leader. There are a lot of very harsh comments made. Q. Do -- can you tell whether if it was one person or more 6 7 than one who was being critical of Mr. Dolin? A. Well, I can't tell this from the comments per se how many 9 people it was, but if you look at, before they write the 10 comments, they -- there's one of those rankings: 11 agree, agree, neutral, strong -- disagree, strongly disagree. 12 And you can count the number of people who answered those 13 questions. 14 MR. BAYMAN: Let's stop you for a second. 15 Your Honor, permission to publish DX 3055 which is 16 already admitted. 17 THE COURT: Proceed. 18 MR. BAYMAN: Okay. Go ahead and enlarge that. 19 The jury has seen the -- can you go back to the first 20 page? 21 The jury has seen the -- can you enlarge that? 22 BY MR. BAYMAN: 23 Q. The jury has seen the first page that has the evaluations 24 and comments, but the jury has not seen the page that you

mentioned. Could you talk about that?

And let's pull that up.

•

A. Well, it's over -- the page is indicated that about 20 people, 20 people filled this out. If we look at, for example, marketing, if you add up all those numbers -- well, it's actually added for you on the bottom. It's 20 people.

I mean, you can see in some of these, like, for example, marketing, four strongly disagreed, seven somewhat disagreed that he was good at marketing, so seven out of 20 were negative. Knowledge/awareness, five out of 20 were negative.

So that gives us a sense of how many people filled out the -- filled out the evaluation. It makes you think it's more than one person who is actually writing these comments that I just read a moment ago.

- Q. In your opinion as a psychiatrist who's treated patients with anxiety and depression, what effect, if any, would comments and writings like this have on Mr. Dolin given his work-related stress?
- A. Well, they would be very hurtful. And you've got to remember, Mr. Dolin was already feeling inadequate and inferior, he wasn't up to the task at Reed Smith. That was his inner fear. But now he's getting feedback, negative feedback that his -- unfortunately, I think confirming for him what he feared, that he wasn't competent enough to work at Reed Smith.

- 1 Q. And did you see Mr. Iino's testimony about whether these 2 results were shared with Mr. Dolin?
- 3 A. Yes. I saw Mr. Iino's testimony, and Mr. Dolin was --
- 4 | actually, Mr. Dolin emailed Mr. Iino about them.
- 5 Q. Does it matter to your opinion whether these criticisms
- 6 were fair or even true?
- 7 A. No. I mean, it doesn't matter because Mr. Dolin -- it's
- 8 Mr. Dolin's perception. And Mr. Dolin is the one getting the
- 9 comments. And again, he's -- already has these feelings of
- 10 | inadequacy and inferiority, and they had to have been very
- 11 | hurtful to him, true or not.
- 12 Q. Does it matter to your opinion whether these criticisms
- 13 reflected the views of a majority of Mr. Dolin's colleagues?
- 14 A. No. It's a significant minority but, you know, it's quite
- 15 | a number. It's more than one person. It's several, seven, I
- 16 | think.
- 17 Q. Why does it matter that a majority of the people may have
- 18 given him favorable feedback?
- 19 A. Because when someone is feeling inferior and inadequate
- 20 and has these fears longstanding, Mr. Dolin's case going back
- 21 many, many years, when this type of thing happens, it can be
- 22 | very upsetting to them. And this is not the only thing. I
- 23 mean, there were other things that were happening, too, which
- 24 we'll talk about. They have got to have really upset
- 25 Mr. Dolin and made him worry that his fears that he was not

- 1 competent enough to work at Reed Smith would -- were coming
- 2 | true.
- 3 | Q. Did you review Mr. Dolin's practice group leader
- 4 | evaluations for the two previous years when he served as
- 5 co-leader of the practice group?
- 6 A. Yes.
- 7 | Q. Was Mr. Dolin evaluated by as many people in the two
- 8 previous years?
- 9 A. No.
- 10 Q. Was there anything -- during the time when he was the
- 11 co-head of the practice group, was there anything negative
- 12 | like the feedback that we just saw and you talked about that
- 13 | he got in 2009?
- 14 A. No, not when he was co-leader with Mr. Iino. It was when
- 15 he was the sole leader that he got all these negative comments.
- 16 Q. And did he get more negative comments from more people?
- 17 A. Yes.
- 18 Q. Was this -- was this change something -- this difference
- 19 something that would be significant to you?
- 20 A. Yes. I mean, he hadn't gotten comments like this before.
- 21 | I mean, they really go right to the heart of what Mr. Dolin's
- 22 | fears were. "Middle market lawyer from middle market firm,"
- 23 that refers to his old firm, Sachnoff Weaver, "leads global C
- 24 & S group, question mark. Enough said."
- I mean, this is exactly what Mr. Dolin was afraid of

- 1 and fearful when that merger happened back in '08, and now
- 2 people are actually putting it in writing for him to read.
- 3 Q. Now, you mentioned Mr. Dolin's compensation was reduced in
- 4 | 2010.
- 5 A. Yes.
- 6 Q. To your knowledge, was that the first time that Mr. Dolin
- 7 | ever had his budget compensation reduced?
- 8 A. Yes.
- 9 Q. In your opinion as a psychiatrist who treats patients with
- 10 | anxiety, depression, what effect, if any, would a reduction in
- 11 | compensation have had on Mr. Dolin?
- 12 A. Well, it would have been -- had a negative impact on him.
- 13 | It's still a lot of money. It's more money than, you know,
- 14 | most people make, but it's the perception, it's a message from
- 15 the firm that, "You're not" -- you know, "you're not doing
- 16 what we -- meeting our standard."
- 17 And the other thing that's occurred at this law firm
- 18 is, everybody's compensation could be seen by other people,
- 19 you know, amongst the equity partners. Everybody is -- it
- 20 wasn't a secret. And, you know, if you're working in a law
- 21 | firm, I think you know if someone's compensation is reduced,
- 22 | it's a message that they didn't do what they were supposed to
- 23 do, whether it was the number of billable hours or the
- 24 business they brought in. So this is another thing that
- 25 was -- got to have had a major impact on Mr. Dolin's already

- 1 | underlying insecurities.
- 2 Q. Now, you understand Mr. -- Mr. Dolin had said to Ms. Reed
- 3 he was worried about being fired from the law firm.
- 4 A. Right.
- 5 | Q. You understand he was not about to be fired from the law
- 6 | firm?
- 7 A. I understand that, sure. It's his perception. It's his
- 8 perception of what was going on that, you know, he probably
- 9 believed at some point that he might be fired given all these
- 10 | things that were happening, but this is a fear he had had for
- 11 | years and years and years.
- 12 And unfortunately, in 2010, it was actually being
- 13 realized through public publishing of his decreased
- 14 compensation, from these comments, and some other things we're
- 15 going to talk about.
- 16 | Q. Did you have a chance to review his memo appealing the
- 17 | compensation denial?
- 18 **A**. I did.
- 19 Q. Was that significant to you as a psychiatrist?
- 20 A. Yes. I mean, I think we should look at it. And there's
- 21 some things that he said in the memo that I think are
- 22 revealing as how much of an impact this was having on
- 23 Mr. Dolin, and then the fact that it was denied upon review
- 24 was another -- you know, another blow to him.
- 25 MR. BAYMAN: Your Honor, at this point, I'd ask

permission to publish DX 3057 which is already in evidence.

THE COURT: Proceed.

MR. RAPOPORT: Wait. I'm sorry. Which tab is this?

MR. BAYMAN: Tab 16.

MR. RAPOPORT: No objection.

MR. BAYMAN: Thank you.

BY MR. BAYMAN:

1

2

3

4

5

6

7

9

10

17

18

19

20

- Q. All right. Tell us what you found significant from his compensation -- memo appealing his compensation and the removing of the band.
- 11 A. Well, as I mentioned on my summary slide, Mr. Dolin says
 12 that this is a seismic shock that he learned that "the value
 13 that the firm placed on my efforts was a \$75,000 bonus," which
 14 they had given him, "plus the lowering of my compensation by
 15 one band." And Mr. Dolin's own words says it's a seismic
 16 shock.

In the beginning of the memo to the senior management team, he talks about the fact that this is the first time he's ever appealed a compensation decision pertaining to me -- to him.

- 21 Q. Was his appeal successful?
- 22 A. No. The appeal was denied.
- Q. Now, the jury heard from Mr. Lovallo that Mr. Dolin
 appealed the moving of his compensation band and although that
 wasn't successful, he got a \$75,000 bonus. From your review

- 1 of this document, is that sequence of events correct?
- 2 MR. RAPOPORT: Objection to the mischaracterization
- 3 of Mr. Lovallo's testimony.
- THE COURT: Well, are you referring to some transcript statement? If so --
- 6 MR. RAPOPORT: That he said that the appeal was 7 successful, not what Mr. Bayman just represented, partially 8 successful because of the bonus.
- 9 MR. BAYMAN: Okay. Did -- I'll rephrase, your Honor.
- 10 | BY MR. BAYMAN:
- 11 | Q. Did Mr. Dolin know about the bonus before he was -- before
- 12 he appealed?
- 13 A. Yes.
- 14 Q. How do you know that?
- 15 A. It says right there that the shock, "the seismic shock I
- 16 | felt to learn that the value that the firm placed on my
- 17 | efforts was a \$75,000 bonus." He was upset that it wasn't
- 18 more or he wasn't getting more compensation. He already knew
- 19 he got the \$75,000 bonus.
- 20 Q. Was the \$75,000 bonus given to him as a result of his
- 21 | appea1?
- 22 A. No. He already had it, and then he was appealing.
- 23 Q. Thank you. Do you attribute any significance as a
- 24 psychiatrist and to your analysis in this case to the denial
- 25 of the appeal and how it impacted Mr. Dolin?

- A. Yes. He gets knocked down twice on this issue. I mean,
 he gets the compensation cut, and it's a seismic shock to him,
 as he says. Then he appeals it and the appeal is denied. So
 again, it would just be the senior management team is
 confirming to Mr. Dolin that, "You deserve a compensation cut."
- 6 MR. BAYMAN: You can take that down.

BY MR. BAYMAN:

- Q. You mentioned earlier that Mr. Dolin went from being the sole leader of the corporate and securities group to being the co-leader of the practice group. In your opinion as a psychiatrist who's treated patients with anxiety and depression, would his confidence have been shaken by the shift from being the sole leader to a co-leader?
- A. Yes, I think so. And the co-leader was a much younger attorney named Paul Jaskot. And they made the younger co-the younger Mr. Jaskot a co-leader with Mr. Dolin and, you know, his -- the group was not doing well. I mean, it would be clear that this was done because the group had not been doing well.

And if you read the testimony of the people at Reed Smith, particularly the man who made this decision, Mr. Iino, the plan was actually to have Mr. Jaskot take over the whole thing, and Mr. Dolin must have known that.

Q. And did -- after Mr. Dolin's death, did Mr. Jaskot take over as the sole practice group leader?

- 1 A. Yes. And at the time of reading his deposition, I think
- 2 he still was the sole practice group leader.
- 3 Q. In your opinion as a psychiatrist, what effect, if any,
- 4 | would this -- would you expect this change to have had on
- 5 Mr. Dolin?
- 6 A. Well, it must have been embarrassing. It must have been
- 7 | another blow to his self-esteem; again, keeping in mind that
- 8 this was a man who always had insecurities about work, that he
- 9 was incompetent to work at a big international law firm. So
- 10 | it's just -- you know, he has these fears, but now the reality
- 11 is actually happening. His fears are actually happening.
- 12 | Q. Whose -- who did you say made the decision to make
- 13 Mr. Jaskot the co-leader?
- 14 A. Right. Well, I was just going to say, to answer your
- 15 question, the decision was made by Mr. Iino, but that's not
- 16 what Mr. Dolin told people.
- 17 Q. What did Mr. Dolin tell people?
- 18 A. I mean, he told Mrs. Dolin that it was his decision. He
- 19 told other people at the law firm that it was his idea to have
- 20 | this co-leader person. But if you read Mr. Iino's testimony,
- 21 | it was actually Mr. Iino's decision.
- 22 And again, I think that shows how -- I mean, he
- 23 | couldn't even tell his wife about it. He was embarrassed by
- 24 the younger man being put with him as the co-leaders.
- 25 Q. The jury has heard Dr. Glenmullen testify that, in his

- 1 opinion, the stress level Mr. Dolin faced in 2007 and 2008 was
- 2 much greater than what Mr. Dolin faced in 2010. Based on what
- 3 we've gone through so far, do you agree with him?
- 4 A. No, no. It's backwards. The stresses in 2010 were much
- 5 greater, and we're going through them, were much greater than
- 6 in 2007-2008. The insecurities and the fears that Mr. Dolin
- 7 | had were the same, but in 2010, there were real things
- 8 | happening that were confirming for Mr. Dolin that his fears
- 9 were coming true, that he was not up to snuff of working at
- 10 Reed Smith.
- 11 | Q. Were his fears actually coming true, or were they coming
- 12 | true in his mind?
- 13 A. Well, some real things were happening. I mean, we talked
- 14 | about the harsh criticisms, the compensation decrease which to
- 15 him was a seismic shock, the co- -- the young co-leader being
- 16 put together with him. I mean, the fears were in his mind,
- 17 | but these things were actually happening.
- 18 Q. Now, Dr. Glenmullen testified that Mr. Dolin was turning
- 19 his work stress around in 2010 because he already had billed
- 20 more than the entire year 2009 and 2010. Do you agree with
- 21 | that?
- 22 A. No.
- 23 Q. Did you assist us in preparing a graphic that shows
- 24 Mr. Dolin's billable hours based on the records you reviewed
- 25 from Reed Smith for each of the first six months of 2010?

- 1 A. Yes. There's a -- I made a chart of his billable hours.
- 2 Q. Would it be helpful to display that to illustrate your
- 3 opinion?
- 4 | A. Yes.
- 5 MR. BAYMAN: Your Honor, I move for permission to 6 publish defense Exhibit 7038-9.
- 7 MR. RAPOPORT: What tab are we?
- 8 MR. BAYMAN: Oh, sorry. It's behind Tab 20. It's 9 just the next one in the sequence.
- 10 MR. RAPOPORT: No objection. It's 19?
- 11 MR. BAYMAN: Yes -- no, it's 9.
- 12 MR. RAPOPORT: 9.
- 13 MR. BAYMAN: 7038-9.
- 14 MR. RAPOPORT: No objection to 9.
- 15 BY MR. BAYMAN:
- 16 | Q. What did your review of Mr. Dolin's billable hours reveal
- 17 | about his performance, billable hour performance in 2010?
- 18 A. So his total billable hours for the first six months was
- 19 | 460. His target was 1400 hours per year. So at this rate, he
- 20 would be at 920, and he would be way below target.
- 21 Q. And how is his performance the prior year in billable
- 22 | hours?
- 23 A. In 2009, it wasn't good either. It was below, way below
- 24 | target, also.
- 25 | Q. It was 733, right?

- 1 A. Yeah. And he had hoped to do better in 2010. But his
- 2 | target at the firm was 1400.
- 3 | Q. Beyond hours alone, in your opinion, reviewing the
- 4 | materials in this case, was Mr. Dolin turning it around in
- 5 | 2010?
- 6 | A. No, no, not at all.
- 7 | Q. Now, when was Mr. Dolin informed of the decision to name
- 8 Paul Jaskot as the co-leader of the group?
- 9 A. I believe Mr. Iino testified that he told him on April
- 10 | 30th, 2010.
- 11 | Q. And did Mr. Dolin return to see Sydney Reed in May of 2020
- 12 | to discuss stresses at work?
- 13 A. He did.
- 14 | Q. Did you prepare another graphic in the timeline that
- 15 summarizes what you felt was significant about Mr. Dolin's
- 16 | next few visits to Ms. Reed?
- 17 | A. I did.
- 18 MR. BAYMAN: Your Honor, at this point, we would move
- 19 | for permission to publish DX 7038-10 which is the next entry
- 20 | in the timeline.
- THE COURT: You may proceed.
- 22 MR. RAPOPORT: No objection. And to expedite this,
- 23 we're not going to object to the rest of these under this tab
- 24 either, so you can skip all --
- 25 MR. BAYMAN: Thank you.

He

1 MR. RAPOPORT: -- the fancy stuff. 2 MR. BAYMAN: Thank you. Mr. Wisner is not here. 3 BY MR. BAYMAN: 4 Q. Were some of the concerns -- what were some of the 5 concerns Mr. Dolin related to Ms. Reed that were significant to you as a psychiatrist for the visits in -- on May 20 and 6 7 June 3, 2010? A. Well, again, he's back talking about issues at work and 9 the work-related stress. And he was looking at his position 10 at the firm, does he want to continue as head of the 11 leadership group although he had already been told that he was 12 going to be -- have a co-leader, Mr. Jaskot, but he was 13 wondering whether he even wanted to continue working there. 14 And he was feeling pressure of no backstop. I think that

was feeling less connected.

15

16

17

18

19

20

21

22

23

24

25

The June 3rd visit, Ms. Reed describes him as highly anxious, and the old fear loop has been re-triggered. that old fear loop is the anxieties and insecurities he has about work, that he didn't go to Harvard or Yale law school, that he wasn't going to be able to hack it at an international law firm. That's what they describe as the fear loop.

refers to, he's used that term before, financial backstop.

But the difference this time is that real things were happening: The criticisms, the cutting his compensation, younger Jaskot being put in as the co-leader. And his fears

- 1 were -- his fears were coming to reality. And he told her he
- 2 was not enjoying being the practice group leader, and he was
- 3 confused about his job, whether he should stay there or
- 4 | whether he should leave.
- 5 | Q. So did you find it significant that Reed -- Ms. Reed
- 6 compared 2010 to 2007?
- 7 A. Yes. I mean, the psychological fear loop that he had,
- 8 | that was the same, but the difference was now there were real
- 9 | bad things happening to him at work to his sense of
- 10 self-esteem and being competent.
- 11 | Q. And were these things being -- these fears being externally
- 12 | validated?
- 13 A. Yes.
- 14 | Q. During this period of time when Mr. Dolin was highly
- 15 anxious, was he taking any medication to treat his anxiety?
- 16 A. No.
- 17 | Q. I want to turn -- publish, if you will, DX 7038-11, show
- 18 | this graphic that you've helped us prepare. Explain what
- 19 you're trying to show on this graphic.
- 20 A. Well, this is kind of like what I was alluding to a moment
- 21 ago. I mean, we have the 2007 notes where he's anxious about
- 22 | the upcoming merger with the law -- international law firm, he
- 23 didn't feel qualified, extreme negative thinking, great fears
- 24 of being able to do the job, whether he was competent to do
- 25 the job. He identified this as the fear loop.

- 1 And if we go to 2010 which is in the red, she writes
- 2 the old fear loop has been re-triggered. And we talked about
- 3 these comments. But this particular comment, the "middle"
- 4 | market lawyer from a middle market firm leads global C & S
- 5 group, enough said," I mean, that must have really hit
- 6 Mr. Dolin hard.
- 7 | Q. The jury has heard Dr. Glenmullen testify that the old
- 8 | fear loop returning was nothing new. Do you agree with
- 9 | Dr. Glenmullen?
- 10 A. Well, no. The fears were the same as 2007, but what was
- 11 different was all these external confirmations at work that
- 12 were becoming a reality, that his fears were becoming a
- 13 | reality.
- 14 Q. Now, did Mr. Dolin receive treatment from Dr. Sachman in
- 15 | June of 2010?
- 16 A. Yes.
- 17 Q. What treatment?
- 18 A. Well, Dr. Sachman prescribed sertraline again for Mr. Dolin
- 19 | in June of 2010.
- 20 Q. Do his records indicate the reason he prescribed
- 21 sertraline for Mr. Dolin in June of 2010?
- 22 A. I think it was work -- he said work-related anxiety.
- 23 Q. What dosage was prescribed?
- 24 A. Initially, it was 25 milligrams, and then it was increased
- 25 | to 50 milligrams.

- 1 Q. How did this compare to the dose of sertraline that
- 2 Mr. Dolin had been taking back in late 2009?
- 3 A. It was a lower dose.
- 4 Q. What was he taking back then?
- 5 A. Back then, he started on 50 milligrams per day and was
- 6 raised to 100 milligrams per day. And for most of the time,
- 7 | he was on 100 milligrams per day, so this was less in 2010.
- 8 | Q. Is 25 milligrams a therapeutic dose of sertraline based on
- 9 | your experience?
- 10 A. It is not.
- 11 | Q. What is the minimum recommended therapeutic dose for
- 12 | sertraline?
- 13 A. 50 milligrams. The dose range is actually 50 to 200
- 14 milligrams per day.
- 15 Q. How did Mr. Dolin do on sertraline in June of 2010?
- 16 A. He didn't take it very long. He called Dr. Sachman and
- 17 | said that he having some non-specific complaints, nausea, I
- 18 think was one of them, on the sertraline, and he just stopped
- 19 | it and told Dr. Sachman he had stopped it.
- 20 Q. Now, do we know from Dr. Sachman's records or testimony
- 21 whether the problems Mr. Dolin reported were related to the
- 22 | sertraline?
- 23 A. We don't. I mean, he was on other medications, too, at
- 24 | the time.
- 25 Q. Does the fact that Mr. Dolin called Dr. Sachman to report

- 1 | that he wasn't feeling well tell you anything about
- 2 Mr. Dolin's willingness to tell Dr. Sachman when he felt a
- 3 | medication wasn't working or complain about a side effect?
- 4 A. Yes. Mr. Dolin was having a side effect on the
- 5 | medication, and he called Dr. Sachman to tell him.
- 6 Q. And do we know what side effect it was?
- 7 A. I think it was kind of nonspecific. I think it might have
- 8 been nausea.
- 9 | Q. Why then would Mr. -- or would Dr. Sachman switch Mr. Dolin
- 10 | to paroxetine?
- 11 A. Well, the records indicate that he switched back to
- 12 paroxetine because he remembered, Dr. Sachman remembered, that
- 13 he -- that Mr. Dolin had done well on paroxetine in the past,
- 14 so they decided to go back to that.
- 15 Q. Now, the jury has heard Dr. Glenmullen testify that our
- 16 physiology changes as we age and we become more vulnerable or
- 17 more sensitive to SSRI medications and that Mr. Dolin was more
- 18 vulnerable in 2010 than he'd been in 2009. Do you agree with
- 19 | that?
- 20 A. No. I mean, it is true that the metabolism of medications
- 21 of a 25-year-old is different from a 75-year-old, but not one
- 22 year, no.
- 23 Q. Is there any scientific support that people become more
- 24 vulnerable or more sensitive to SSRIs?
- 25 A. No.

- 1 Q. Is there any suggestion in the medical records or the
- 2 testimony that Mr. Dolin was agitated or experienced akathisia
- 3 while briefly taking sertraline in June of 2010?
- 4 | A. No.
- 5 Q. Now, did Mr. Dolin see Ms. Reed again after June 3rd, 2010?
- 6 A. Yes, he did.
- 7 Q. Why don't we turn to the next -- and put up 7038-12.
- 8 What from the June 22nd, 2010, timeline was
- 9 | significant to you as a psychiatrist?
- 10 A. Well, this note shows the continued deterioration of
- 11 | Mr. Dolin that had been occurring before this and was going to
- 12 | continue after this. Convinced himself he can't do the work;
- 13 excuse to curl up in a corner; thinks he's pointed himself in
- 14 | a corner; fear of failure puts him in a position of not even
- 15 | trying; still feeling depressed; same complaints that he
- 16 expressed three years earlier.
- He wanted -- if you remember, three years earlier, he
- 18 wanted to get up and run, escape the situation.
- 19 Q. Now, at some point in June of 2010, did Mr. Dolin start
- 20 receiving therapy from another mental healthcare provider
- 21 | besides Ms. Reed?
- 22 A. Yes, a Dr. Salstrom.
- 23 Q. And when did he -- when did he start seeing Dr. Salstrom?
- 24 A. It was June 29th, 2010, so a week after this.
- 25 | Q. What's the significance to you as a psychiatrist of the

- 1 fact that Mr. Dolin went to see another therapist in June of 2 2010?
- A. Well, usually that's an indication that the person is not doing well, that they're -- that somebody, either the patient or the patient's family is saying, you know, "This isn't working out. Let's -- maybe you should see somebody else."

And we know that the recommendation to see

Dr. Salstrom, that he got her name from Mrs. Dolin, so

Mrs. Dolin must have thought that he wasn't doing well.

- That's usually the reason. What happened here, though, is he ended up seeing two therapists at the same time, which is not good.
- Q. Had Mr. Dolin ever before, based on your review of the records, found it necessary to seek therapist -- therapy from more than one therapist?
- 16 A. No.

18

7

8

9

- 17 Q. What type of therapy did Dr. Salstrom practice?
- 19 therapy, CBT for short. This is a form of therapy sort of

So she practiced what's called cognitive behavioral

- 20 | focusing on dealing with -- helping the person deal with
- 21 here-and-now-type problems as opposed to, you know, how your
- 22 parents raised you and your relationships with them growing
- 23 up. This is more of a here-and-now form of psychotherapy,
- 24 often with homework assignments that people are supposed to do
- 25 in between appointments.

- 1 Q. What's the goal of CBT, or cognitive behavioral therapy?
- 2 A. Well, usually people come in with complaints of anxiety or
- 3 depression. Those are the problems that are most helped by
- 4 | cognitive behavioral therapy. And usually there's a
- 5 particular stress, stressful situation or situations that
- 6 people -- people are having trouble with. And the cognitive
- 7 | therapy, cognitive behavioral therapy would focus on that
- 8 particular stress that the person was having. In the case of
- 9 | Mr. Dolin, it was obviously work.
- 10 Q. How did her therapy method differ from Ms. Reed's therapy?
- 11 | A. Well, Ms. Reed who was a social worker was more of a
- 12 | talking therapy. I mean, I think she described herself as
- 13 | what's called a Boeing family therapist. So they focus on the
- 14 family -- the therapy would focus on the family unit and the
- 15 relationships between the family. It was more of a -- if you
- 16 read her notes, it was really more of a sort of trying to make
- 17 | him feel better, to cope, and looking at relationships and
- 18 things like that. It's a very different approach.
- 19 Q. Are you familiar with the -- what Dr. Salstrom advises her
- 20 patients when they start therapy from her which is otherwise
- 21 known as the informed consent?
- 22 A. Right. So she had an informed consent which she had the
- 23 person review and sign. Mr. Dolin did that. It talks about
- 24 | the fact that one of the things that can happen in cognitive
- 25 behavior therapy is, as you know, you're forced to face the

- things that fear you, is you might feel worse before you get better.

 Q. Would it be helpful to show that informed consent?

 A. Yes.

 MR. BAYMAN: Your Honor, permission to publish --
 - MR. BAYMAN: Your Honor, permission to publish -- it's at Tab 7, Mr. Rapoport, Joint Exhibit -- it's from Joint Exhibit 10 which is in evidence.

8 THE COURT: Proceed.

9 BY MR. BAYMAN:

6

7

16

17

18

19

20

- 10 | Q. What did Dr. Salstrom advise her patients?
- A. Well, she talks about that this psychotherapy can have benefits and risks, often discussing unpleasant aspects of your life. You may experience uncomfortable feelings like
- 14 sadness, guilt, anger, frustration, loneliness, and
- 15 helplessness.
 - And this is kind of what I just said, is that the person can sometimes feel worse before they feel better because they're forced to confront the things that are making them anxious or depressed.
 - MR. RAPOPORT: Your Honor, a late objection here.

 This therapy had not begun, so this is absolutely irrelevant.
- MR. BAYMAN: Well, that's interesting. I'm going to --
- 24 THE COURT: I beg your pardon?
- 25 MR. RAPOPORT: I'm sorry. You didn't hear. It was a

- 1 late objection to relevance because this particular therapy2 had not begun.
- 3 THE COURT: Had not started?
- 4 MR. RAPOPORT: Had not started.
- 5 BY MR. BAYMAN:
- 6 Q. Was this the document that Mr. Dolin signs in the first
- 7 | visit to begin therapy?
- 8 A. It's the first thing that was -- that was done, and then
- 9 she proceeded -- once he signed it, she then proceeded to
- 10 begin the cognitive behavior therapy.
- 11 | Q. Now, to counsel's objection that --
- 12 THE COURT: Wait, wait. I don't care about counsel's
- 13 objection. How many times did she see him, do you know?
- 14 THE WITNESS: Three times.
- 15 THE COURT: Three times. Okay. Proceed.
- 16 ∥ BY MR. BAYMAN:
- 17 | Q. The jury has heard Dr. Glenmullen say that Dr. Salstrom's
- 18 exposure treatment method wasn't the type of therapy that
- 19 Mr. Dolin was going to get and only exposure therapy increases
- 20 anxiety. Do you agree with that or not?
- 21 A. I don't agree. He was -- Mr. Dolin was getting the
- 22 therapy, and his exposure was every single day when he went in
- 23 | to work.
- 24 Q. I think the example that Dr. Glenmullen did was, say,
- 25 someone who had a fear of elevator that -- elevators, you

- 1 | would bring him to the elevator --
- 2 A. Right.
- 3 | Q. -- have him look at the elevator, then have him get on
- 4 the -- I mean, can you explain how that differs from -- or
- 5 doesn't differ from what Dr. Salstrom was doing with
- 6 Mr. Dolin?
- 7 A. Sure. I've had patients with that exact problem. And
- 8 | they spend lots of time walking up and down stairs, and they
- 9 get sick of walking up 25 floors and they say, "I need help
- 10 with my elevator phobia. And so that's exactly what you do.
- 11 You talk to them. You imagine them being in the elevator.
- 12 | Then you go visit, have them go visit the elevator, maybe ride
- 13 | it one floor. That's gradual exposure.
- 14 In the case of Mr. Dolin, it wasn't so simple as just
- 15 the elevator. His exposure -- he was getting exposures every
- 16 | single day when he went in to work. And Dr. Salstrom had no
- 17 choice but to start the cognitive behavioral therapy right
- 18 away. He was getting exposed every single day. And her
- 19 records reflect, in my opinion, that she was, in fact, doing
- 20 | that.
- 21 | Q. So in your opinion, was she actually giving him therapy
- 22 the first and second and third visits?
- 23 A. Yes.
- 24 Q. Did Dr. Salstrom complete an intake form?
- 25 A. Yes.

1 Did you prepare a graphic summarizing that intake form? 2 I did. Α. 3 MR. BAYMAN: Okay. Permission to publish Joint 4 Exhibit -- it's from Joint Exhibit 10, your Honor, and it's DX 5 7038-13. MR. RAPOPORT: 6 Hang on. 7 No objection. 8 MR. BAYMAN: Thank you. 9 THE COURT: Are these all direct quotes? 10 MR. BAYMAN: These are, Dr. Rothschild --11 THE COURT: They're all direct quotes from the 12 record? 13 MR. BAYMAN: Yes, sir. 14 THE COURT: Okay. Go ahead. 15 BY MR. BAYMAN: Tell us, what were some of Mr. Dolin's initial concerns 16 17 that were significant to you as a psychiatrist that he 18 reported on the intake form to Dr. Salstrom? 19 A. So there were all these things happening to him at work, 20 so it's not surprising that he says he's there to work on 21 anxiety at work that he's been having for the last month and a 22 half which would take us back to mid-May of 2010. He's 23 worried that he's going to make a mistake and something bad is 24 going to happen, he would be penniless and ability to support 25 his family. He was worried about his competence, didn't feel

clear in his mind, so he was having concentration problems.

He had lost weight. He had a decreased appetite, and he had lost ten pounds' weight in the last month. He had closed a big transaction and now he was not busy. And he's stuck in worry, and he's not sleeping well.

And interestingly, Dr. Salstrom had a question that she would ask the patients, "If I could do one thing for you, if I had a magic wand and I could do one thing for you, what would you like me to do?" It's a very interesting question in what a patient would answer. And Mr. Dolin said, "No stress."

- 11 Q. Now, Mr. Dolin reported that he was not sleeping well. In 12 your experience, can that be a sign of a mental health issue?
- 13 A. Yes. That's commonly seen in people who suffer from 14 anxiety and also depression.
 - Q. You also mentioned weight loss. Based on your experience as a psychiatrist, is the type of weight loss noted here the kind where a patient is reporting actively trying to lose weight for diet or health reasons?
 - A. Well, that would be different, but there's no indication from the records that Mr. Dolin was doing that. What you have here, though, is decreased appetite, and with that decreased appetite with the weight loss, that's not -- that's not from dieting. That's due to the -- we see that in depression and anxiety.
 - Q. Mr. Dolin replace -- reported complaining of anxiety at

- 1 work for the last month and a half on that first visit. If we
- 2 go back a month and a half from June 29th, when would that
- 3 | have started?
- 4 A. It would be around mid-May 2010.
- 5 Q. And what would have been going on in mid-May of 2010?
- 6 A. Well, he would have already been told by Mr. Iino that he
- 7 was going to add Mr. Jaskot as the co-practice leader. It
- 8 | hadn't been announced -- it was about to be announced to --
- 9 within the firm. The public announcement, I think, came in
- 10 | early July but, you know, he was dealing with all the things
- 11 | we've already talked about.
- 12 Q. Was Mr. Dolin on any medication for his anxiety at the
- 13 | time of this first visit on June 29th with Dr. Salstrom?
- 14 A. No.
- MR. BAYMAN: Your Honor, at this point, permission to
- 16 publish the next entry in Dr. Rothschild's summary timeline,
- 17 DX 7038-14.
- 18 MR. RAPOPORT: No objection.
- 19 BY MR. BAYMAN:
- 20 Q. Let's go ahead and take a look at that, Doctor. What --
- 21 | as a psychiatrist, what did you find significant about Dr. --
- 22 Mr. Dolin's first session with Dr. Salstrom?
- 23 A. Well --
- 24 THE COURT: Excuse me. Is this from Dr. Salstrom?
- MR. BAYMAN: Yes, your Honor.

THE COURT: On June 29th? 1 2 MR. BAYMAN: Yes, sir. 3 THE COURT: 0kav. 4 BY THE WITNESS: 5 A. So Mr. Dolin tells Dr. Salstrom about his longstanding history of feelings of insecurity at work and we, of course, 6 7 knew that also from -- told the same thing to Ms. Reed. Anxiety and worry occurred during major mergers and 9 responsibility changes in the past. No history of depression 10 or suicidal ideation or attempts, and he had many stresses at 11 work -- stressors at work and felt it was a chaotic 12 environment, so a lot of work-related complaints. 13 Q. Did Dr. Salstrom actually ask Mr. Dolin about whether he 14 had suicidal thoughts before? 15 She did ask him, yes, and he denied it. 16 Now, Dr. Glenmullen has testified that Mr. Dolin may have 17 either forgotten about his December 2007 suicidal thoughts or 18 he didn't realize what he had on December 1, 2007, were 19 suicidal thoughts in the first place. Do you agree with that 20 explanation? 21 I object, your Honor, to the loose MR. RAPOPORT: 22 characterization. 23 THE COURT: Yes. If you're going to quote 24 Dr. Glenmullen, you've got to do it by transcript. 25 MR. BAYMAN: 0kav.

1 THE COURT: Read the question and the answer. 2 MR. BAYMAN: Yes, sir. 3 THE COURT: Page? 4 MR. BAYMAN: 19' -- Page 1963. 5 MR. RAPOPORT: Date and session, please. 6 MR. BAYMAN: Oh, I'm sorry. It's March 29th. It's 7 the 10:00 a.m. session. It's at the bottom of 1963. MR. RAPOPORT: We'll need lines. 8 9 MR. BAYMAN: Yes. I'll give it to you. I just need 10 to see where the question starts. 11 We can -- the question can start at Line 8, and it 12 would go from 1963 to 1964, Line 12. 13 MR. RAPOPORT: One moment. 14 MR. BAYMAN: Sure. 15 MR. RAPOPORT: I have no objection to him reading 16 that and asking questions. 17 BY MR. BAYMAN: 18 Q. "Question: Well, let's just talk a little bit, 19 and then we'll return to that because I know it's going to 20 be lunch hour pretty soon. 21 "Answer: Okay. So there's a sentence in the record 22 that says something like, quote, he doesn't have a 23 history of, I think it's, depression or suicidal 24 ideation, right? 25 "Question: I think it's words that affect.

1 "Answer: Yeah. So that would cover the present or 2 potentially the past. So clearly, Stewart didn't think 3 of himself as having had a serious depression, and I think 4 that's what consistent -- what Ms. Reed said. He typically 5 would go in and tell therapists, 'I'm very anxious.' So I think that's a fine thing in the record. And I either think 6 he forgot the" -- there's an objection, overruled, and 7 then: "Answer: So it says, no history of suicidal 9 10 thoughts. So, you know, he could have forgotten. We know how she asked the question. We don't know how he 11

don't interpreted the question. It may be that -- and we talked a little bit about this earlier that, you know, therapists and doctors use 'suicidal thoughts' in a different kind of way than the general public. And he may have said something back in December 2007 like, quote, I'd like to fall asleep and not wake up, unquote, and didn't even realize that somebody would consider that suicidal. So I don't --I don't have a problem with the fact that he said -- that her note says no history of depression or suicidal thoughts because the important thing is he wasn't suicidal on the 29th. That's what we really need to know."

Now, do you --

THE COURT: Now the question.

BY MR. BAYMAN:

12

13

14

15

16

17

18

19

20

21

22

23

24

- Q. Yes. Do you agree with Dr. Glenmullen based on what I read that he may have -- Mr. Dolin may have forgotten his
- suicidal thoughts or may not have realized he was expressing suicidal thoughts on December 1, 2007?
- 5 A. No, I don't agree.
- Q. In your experience interviewing people who've attempted suicide, do they recall when they've had a prior -- prior
- 8 thoughts of suicide?

10

11

12

15

16

17

18

- MR. RAPOPORT: I object, your Honor. He's not a social worker or a psychologist, and it's not fair to compare psychiatrists with other professionals if he's asking his own experience, but how can he generalize that.
- THE COURT: Read it back to me, please.

 (Record read.)
 - MR. RAPOPORT: I also object because Mr. Dolin never attempted to commit suicide. It's nonsense to suggest he did.
 - MR. BAYMAN: I'm not suggesting Mr. Dolin did. I'm just suggesting he's interviewed people --
 - MR. RAPOPORT: It's not a fair analogy.
- THE COURT: The objection is sustained. I think we're off the track.
- 22 BY MR. BAYMAN:
- Q. Well, in your interviews of patients who've told you that they've had prior suicidal thoughts, is it your experience
- 25 that they recall when they've had those prior suicidal

1 | thoughts?

4

6

7

9

10

11

12

13

14

15

16

2 MR. RAPOPORT: Objection. He can't get into other 3 people's minds.

THE COURT: Overruled.

5 | BY THE WITNESS:

A. People don't forget when they have suicidal thoughts. It's a scary thing and --

THE COURT: Keep your voice up.

THE WITNESS: It's a scary thing and people -- people sometimes have trouble talking about it and relating the information to other people. In the case of Mr. Dolin, he didn't tell his wife back in 2007 that he had suicidal thoughts. And I think he sometimes had trouble telling -- he didn't tell Dr. Sachman he had suicidal thoughts. He had trouble often telling people, but people do not forget.

17 BY MR. BAYMAN:

That's ridiculous.

- 18 Q. What did Dr. Salstrom include as Mr. -- as her diagnosis 19 for Mr. Dolin from that first visit?
- A. She diagnosed him as suffering from generalized anxiety disorder with especially -- I think she wrote something, specially stressed at work or specially at work.
- 23 Q. Explain to the jury what generalized anxiety disorder is.
- A. So that's a DSM-5, what we call DSM-5 -- I don't know how to explain it quickly. It's the *Diagnostic and Statistical*

1 Manual, Fifth Edition. It has all the criteria for the psychiatric diagnoses, and one of them is generalized anxiety 2 3 disorder. 4 The criteria are people who have feelings of anxiety 5 or nervousness plus additional symptoms: Insomnia, trouble 6 concentrating, sweating, fast heart rate, worries that 7 something terrible is going to happen. Those are sort of some of the criteria for G -- what's called GAD, or generalized 9 anxiety disorder. 10 THE COURT: Okay. We'll recess now until tomorrow 11 morning at 9:30. 12 (Proceedings heard in open court. Jury out.) 13 14 15 16

(Proceedings adjourned from 4:24 p.m. to 9:30 a.m.)

18

CERTIFICATE

We, Charles R. Zandi and Judith A. Walsh, do hereby certify that the foregoing is a complete, true, and accurate transcript of the proceedings had in the above-entitled case before the Honorable WILLIAM T. HART, one of the judges of said Court, at Chicago, Illinois, on April 11, 2017. /s/ Charles R. Zandi, CSR, RPR, FCRR April 11, 2017 Ts/ Judith A. Walsh, CSR, RDR, F/CRR Abril Official Court Reporters

United States District Court Northern District of Illinois

25 Eastern Division

17

19

20

21

22

23